IEA Global Conference 2021
July 16 - 18 2021
Premium Online Experience

REACHING ACROSS with the Enneagram
The IEA is pleased to announce its first Online Global Conference. This interactive online event will bring together people from all over who share Enneagram interests and expertise – to learn and connect.

Much like our physical, in-person conferences, the IEA Online Global Conference will feature high-quality keynote and endnote speakers, plus over 80 sessions from presenters around the world with the purpose of interacting and engaging with our online audience. The sessions will be live, semi-live, and pre-recorded and will run across all major time zones, with recordings available in the digital library of any sessions you might miss. Simultaneous translation will occur between English, Spanish, Arabic, Portuguese, and Korean and there will be plenty of opportunities to peruse IEA Accredited Schools and Training Programs in the Virtual Exhibition hall and to meet up with teachers and friends in the various chat rooms. We invite you to join us for this historic conference!

**Discovery Track - A Conference within a Conference!** If you, or someone you know, are new to the Enneagram, then the Discovery Track is for you! The Discovery track will introduce the basic teachings of the Enneagram to new enthusiasts coming into the Enneagram community. Sessions will be led by up-and-coming Enneagram teachers whom we have paired with an IEA Mentor. Click the Discovery Track tab in the agenda below to see the sessions including in Discovery Track registration. The Discovery Track is a mini-conference within the IEA Global Conference. If you wish, you may register for the full IEA Global Conference, which includes the Discovery Track sessions or you may register for just the Discovery Track for just $49 USD. As a bonus, Discovery Track attendees will also be invited to attend the Global Conference Keynote and Endnote sessions.
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KEYNOTE PRESENTATION

Robert Holden, Ph.D.
REACHING ACROSS THE WORLD with Love & Enneagram
In our opening Keynote, Robert Holden explores how we can work with the Enneagram to love ourselves, each other, and our world. We will look through nine lenses of the Enneagram to deepen our understanding of love and widen our circle of love. Robert will share nine meditations on how love can help us find our wholeness, bless our relationships, cultivate an international heart, fuel our activism, and live our purpose.

ENDNOTE PRESENTATION

Host Ginger Lapid-Bogda and presenters Peter O’Hanrahan and Terry Saracino
REACHING ACROSS TRADITIONS: A Tribute to Retired IEA Founder Helen Palmer & The Enduring Power of our Narratives to Unite and Transform Us
During the endnote session of this virtual gathering, we take the opportunity to honor the legacy of Helen Palmer, the recently retired co-founder of the Narrative Enneagram school with Dr. David Daniels, IEA co-founder and bestselling author. For over 45 years, Palmer’s goal — to integrate sound psychology with spiritual method using the Enneagram map — has remained constant.

What started out as a group of forty individuals in Palmer’s living room in the early 70s, over time, expanded to thousands of people who have recognized their types by seeing and hearing panelists talk about their lives. When we share our personal experiences and sacred narratives in a field of compassionate presence, our souls grow and we can more easily experience the shared humanity in each of us. As we listen to the stories and notice the non-verbals of speakers on a type panel, the Enneagram becomes three-dimensional – our minds gain insight and understanding, our hearts are touched, and our bodies experience the energies of the types.

Host Ginger Lapid-Bogda and presenters Peter O’Hanrahan and Terry Saracino connect our roots to our future leading insightful conversations about the development and future of the IEA and the Narrative method. With stories and wisdom from Palmer herself, special guests, a medley of foundational teachings and more, we hope you’ll join us!
## CONFERENCE SCHEDULE - AT-A-GLANCE
### FRIDAY, JULY 16, 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:00am - 12:00pm</td>
<td>Reaching Across the World with Love &amp; Enneagram</td>
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<td></td>
<td>Robert Holden, Ph.D.</td>
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<tr>
<td>12:00pm - 1:30pm</td>
<td>The Integral Enneagram Model: Cognitive and Spiritual Developmental Stages of the Enneagram Types</td>
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<td>Dr. Khaled ElSherbini</td>
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<tr>
<td>12:30pm - 2:00pm</td>
<td>Really Getting “Out of the Box”</td>
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<td>Russ Hudson</td>
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<td>1:00pm - 2:30pm</td>
<td>Intro / History / 3 Centers 9 Types [Discovery Track Session]</td>
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<td>Drew Moser, Ph.D.</td>
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<td>Mario Sikora</td>
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<td>2:00pm - 3:30pm</td>
<td>Was Blind but Now I See...</td>
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<td>Pedro Espadas</td>
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<tr>
<td>2:30pm - 4:00pm</td>
<td>Reaching Across Time: Using the Enneagram to Heal Childhood Trauma</td>
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<td>Beatrice Chestnut</td>
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<td>Uranio Paes</td>
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<td>3:00pm - 4:30pm</td>
<td>Body Types 8, 9, 1 [Discovery Track Session]</td>
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<td>Vanessa Fernandez</td>
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<td>Deborah Threadgill Egerton, Ph.D.</td>
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<td>4:00pm - 5:30pm</td>
<td>Instinctual Types, Pair Bonding and Intimacy 4.0</td>
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<td>Katherine Chernick Fauvre</td>
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<td>4:30pm - 6:00pm</td>
<td>Using Enneagram in Counseling and Consulting</td>
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<td>Patrick H. O’Leary, M.S., M.Div</td>
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<td>5:00pm - 7:00pm</td>
<td>Reaching Across in Diverse Arts: How the Enneagram Inspires Creativity in Arts &amp; Media</td>
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<td>TJ Dawe, Moderator</td>
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<td>John Amen</td>
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<td>Holly Carton</td>
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<td>Bernadette Galea</td>
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<td>6:00pm - 7:30pm</td>
<td>Teach the Enneagram through Metaphor, Picture and Story</td>
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<td>Ginger Lapid-Bogda PhD</td>
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<td>Russell (Tres) Bogda</td>
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<td>6:30pm - 8:00pm</td>
<td>Bridging the Divide Between Ego and Essence: The Enneagram Approach to Recovery</td>
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<td>Anne Geary</td>
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CONFERENCE SCHEDULE-AT-A-GLANCE
FRIDAY, JULY 16, 2021

8:00pm-9:30pm EDT
• Elevating Global Well-being and Consciousness through the Depth and Expansion of the Enneagram
  Jessica Dibb

9:00pm-10:00pm EDT
• Social Hour - Join Us

10:00pm-11:30pm EDT
• New Normal: Millennials Paving The Career Within
  Ingrid Stabb, MBA

10:30pm-12:00am EDT
• Experiencing 3 Centers: Moving, Thinking, Feeling Centers with Gurdjieff Movement
  Hera (Hyejin) Kim, MA

SATURDAY, JULY 17, 2021

12:00am-1:30am EDT
• Nature or Nurture? Where did my personality come from? The Relationship of Temperament to Personality in Your Developing Children
  Tracy Tresdder

8:00am-9:30am EDT
• To Type or Not to Type?
  Marika Borg

8:30am-10:00am EDT
• Enneagram and Somatic Movement
  Maura Amelia Bonanno

10:00am-11:30am EDT
• Presenting the Enneagram to Teenagers and Pre-teens
  Natalia Bolshakova

10:00am-11:30am EDT
• Heart Types 2, 3, 4 [Discovery Track Session]
  Judith Lewis
  Mary Linam

10:30am-12:00pm EDT
• The True Meaning of the Passions
  Gema de la Rosa
  Gonzalo Moran

12:00pm-1:30pm EDT
• Reaching Across the Enneagram into Race, Relationships and Reflexivity
  Lucille Greeff
  Julia Kukard
  Simon Kettleborough
# CONFERENCE SCHEDULE-AT-A-GLANCE

**SATURDAY, JULY 17, 2021**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>12:00pm-1:30pm</td>
<td>Head Types 5, 6, 7 [Discovery Track Session]</td>
<td>Milton Stewart, Jerome Wagner</td>
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<tr>
<td>12:30pm-2:00pm</td>
<td>Relationships Through the Lens of the Instinctual Biases</td>
<td>Tamer Zanaty, PCC, Rehab Bakkar</td>
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<tr>
<td>2:00pm-3:30pm</td>
<td>Alcanzando la esencia. (Reaching Your Essence)</td>
<td>Adelaida Harrison Lafuente</td>
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<tr>
<td>2:30pm-4:00pm</td>
<td>The Enneagram and the Nature of the Self--A Dialog Across Cultures</td>
<td>Mario Sikora, Vibha Gosselin</td>
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<tr>
<td>2:30pm-4:00pm</td>
<td>Wings, Connecting &amp; Integrations [Discovery Track Session]</td>
<td>Mahmoud Fouad, Russ Hudson</td>
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<tr>
<td>4:00pm-5:30pm</td>
<td>The Hidden Lever: Exploring Failure as a Path to Development</td>
<td>Valerie Atkin, Denise VanEck</td>
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<tr>
<td>4:30pm-6:00pm</td>
<td>Instincts &amp; Subtypes [Discovery Track Session]</td>
<td>Sarajane Case, Beatrice Chestnut</td>
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<tr>
<td>4:30pm-6:30pm</td>
<td>Reaching Across Race: Enhancing the Enneagram's Inclusiveness as a Place to Begin</td>
<td>Deborah Threadgill Egerton, Ph.D., Moderator, Jessica Dibb, Moderator, Reverend Nhien Vuong, Dr. Sithabiso Dube, Tamer Zanaty, Vanessa Fernandez, W. Eugene Egerton, MD, Rev. Tyler Sit</td>
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<tr>
<td>6:00pm-7:30pm</td>
<td>Unfolding Presence: Reaching Across The Levels Of Development</td>
<td>Belinda Gore, Ph.D.</td>
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<td>6:30pm-8:00pm</td>
<td>Enneagram Prison Project: Building a Compassionate Community</td>
<td>Susan Olesek, Sue Lambert</td>
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<tr>
<td>7:00pm-8:30pm</td>
<td>Working With Enneagram Self-Images</td>
<td>Tom Condon</td>
</tr>
</tbody>
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# CONFERENCE SCHEDULE-AT-A-GLANCE

## SATURDAY, JULY 17, 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>8:00pm-9:30pm</td>
<td>Inspiring Women to Show Up (Authentically) Using the Enneagram</td>
<td>Maria José Munita</td>
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<tr>
<td>9:00pm-10:30pm</td>
<td>The Enneagram as A Doorway to Your Emotional Mastery</td>
<td>Andrea Isaacs</td>
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<tr>
<td>10:00pm-11:30pm</td>
<td>What is the Sensation of that? Somatic Awareness and the Enneagram</td>
<td>Brian Mitchell-Walker Devon Carter</td>
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<tr>
<td>11:00pm-12:30am</td>
<td>Awareness &amp; Awakening Through Metaphors - Elicit Your Own Internal Metaphors (often Enneagram themed) for Deep Wisdom and Solutions</td>
<td>Stephanie Davis</td>
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## SUNDAY, JULY 18, 2021

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00am-2:30am</td>
<td>The WID Factor - Why I Do What I Do - Understanding Self and Others</td>
<td>Patrick Kayrooz, MEd</td>
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<tr>
<td>8:00am-9:30am</td>
<td>NINE Sapiens: Biology &amp; Evolution of Personality Types</td>
<td>Claudia Nario, Ps.MSc.</td>
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<tr>
<td>8:30am-10:00am</td>
<td>From your “Home Base” Type to your “Soul Child”</td>
<td>Samar Al-Gamal Bassant ElMenshawy</td>
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<tr>
<td>10:00am-11:30am</td>
<td>The Enneagram and Human Sexuality</td>
<td>Frederik Coene, PhD Valerie Wanamaker</td>
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<tr>
<td>10:30am-12:00pm</td>
<td>The Enneagram J.E.D.I. Roundtable (Justice, Equity, Diversity, Inclusion)</td>
<td>Deborah Threadgill Egerton, Ph.D.</td>
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<tr>
<td>11:00am-1:00pm</td>
<td>Reaching Across Generations: Transmitting Quality Enneagram Teachings to Digital Natives [Discovery Track Session]</td>
<td>Sarajane Case Beatrice Chestnut Vanessa Fernandez Mario Sikora Milton Stewart Russ Hudson Rev. Trent Thornley</td>
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CONFERENCE SCHEDULE-AT-A-GLANCE
SUNDAY, JULY 18, 2021

12:00pm-1:30pm EDT
- Enneagram Styles And 18 Maladaptive Schemas
  Jerome Wagner, PhD

1:30pm-3:30pm EDT
- Reaching Across Traditions: A Tribute to Retired IEA Founder Helen Palmer & The Enduring Power of our Narratives to Unite and Transform Us
  Ginger Lapid-Bogda, PhD  Terry Saracino  Peter O'Harshan

ON-DEMAND SESSIONS (PRE-RECORDED)

On-Demand
- Enneagram and Personal Power© - Reaching across the self-realization with the Enneagram
  Maria Julieta Balart Gritti

On-Demand
- The Geometrical Beauty of the Enneagram Symbol
  Anna Bolin

On-Demand
- Reaching Beyond the Ego to Wisdom... with the "Enneagram Approach"
  Cris Bolivar, MCC

On-Demand
- The Enneagram and 2 Personality Organizing Principles: Relational Needs and Basic Life Scripts
  Victoria Cadarso

On-Demand
- Integrating the Original Teaching of the Enneagram with Modern Practices
  Flemming Christensen

On-Demand
- Reaching Across Nine Styles of Change Resistance to Change Resilience
  Natalie Cupples Pickering, PhD, BCC

On-Demand
- Reaching Across Multi Dimension Consciousness Through the Enneagram
  Niccolai Cursino

On-Demand
- The Antiracist Enneagram Framework
  Jessica Denise Dickson, MA

On-Demand
- Welcoming What's Here: Developing Emotional Wisdom with the Enneagram
  Sarah Dimock MA MEd LMHC
CONFERENCE SCHEDULE-AT-A-GLANCE
ON-DEMAND SESSIONS (PRE-RECORDED)

On-Demand
- The Spiral Staircase©: Embodying the Higher Dimensions of the Enneagram
  Dahlia Dowler

On-Demand
- How Project Manager will be Reaching Across Projects Successfully by Understanding Instinctual Biases
  Montse Fernández

On-Demand
- A Taste of "Dancing the Enneagram" - EmBody and EnJoy more Flavors!
  Kate Finlayson

On-Demand
- Nine Ways to Enhance Your Creativity
  Ann Gadd

On-Demand
- Nine of Us' - A Musical Journey Through the Nine Personality Styles of the Enneagram
  Bernadette Galea

On-Demand
- Behaviors During and After Confinement, An Opportunity to Create Literary Characters
  Adriana Garcia Ancira

On-Demand
- Bridging the Gap: How to Connect With Someone Who Is Suffering
  Becky Gorman, PA-C

On-Demand
- Can I give you some feedback?
  R. Karl Hebenstreit

On-Demand
- Grit to Great(er), a Tool for the Empowerment of the Homeless and those in Generational Poverty
  Sali Honess-Ondrey, LCSW
  Joalexis Martir, Associate in Applied Science

On-Demand
- What is Your Soul Type?: Exploring the Enneagram of Soul
  Joseph B. Howell Ph.D.

On-Demand
- Beyond Duality: Strengthening the Capacity for Connection and Communion
  Roxanne Howe-Murphy, EdD

On-Demand
- The Inner Observer: Cognitive Science, Adult Ego Development and Mysticism
  Ingrid Hurwitz
<table>
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<tr>
<th>On-Demand</th>
<th>Conference Session</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Exploring Different Enneagram Type Pairings, Reaching Across To A Partner or Loved One in Conflict</td>
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<td>Rosemary Hurwitz MA,PS</td>
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<td>Couples Relationships: Reaching Your Partner Through the Enneagram</td>
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<td>Michelle Joy, MFT</td>
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<td>Why are “highly eligible” individuals still single? - Understanding this from cultural and Enneagram perspective</td>
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<td>Cindy Leong</td>
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<td>Psychological Bypassing and the Repression of the Sublime: What Psychosynthesis Can Contribute to Enneagram Theory and Practice</td>
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<td>Carl Marsak</td>
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<td>Leadership Coaching with 3 Centers of the Enneagram</td>
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<td>Dr. Delbar Niroushak</td>
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<td>Reaching Across from the Zoo to the Jungle</td>
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<td>Casper Oelofsen</td>
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<td>Graphology, Enneagram and Conscious Breathing</td>
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<td>Letícia Radaic</td>
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<td>Progressive Psychology: The Enneagram for Psychotherapists</td>
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<td>Mysti Rainwater, MA, LPC</td>
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<td>The Embodied Enneagram: Using Your Breath to Relax Your Habit of Attention</td>
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<td>Lynn Roulo</td>
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<td>Your 9 Goddesses - Reaching Across your Inner Power</td>
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<td>Sebastian Serrano Correa, Marcela Tapias Garcia</td>
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<td>Sebastian Serrano Correa, Marcela Tapias Garcia</td>
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<td>The Way of the Bold Ones, An exploration of Enneagram Energies</td>
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<td>GM Peter Thibado</td>
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ON-DEMAND SESSIONS (PRE-RECORDED)

- Your Vitality Personality: A Map to Self-Actualization
  Candice Thomas, Dipl.Ac

- Parenting with Presence: Transforming Difficult Parenting Moments into Opportunities for Spiritual and Psychological Growth
  Valerie Tih, BEd, DipAT

- Reaching New Heights in Your Golf Game by Understanding Your Unconscious Patterns and Finding Your Sweet Spots
  Tracy Tresidder

- Reaching Across Growth Beyond Type
  Viviana Trucco

- Crises and our Tendencies in Them - How instinctual Bias Influence What We Do in a Crisis
  Michaela Velechovská, Ph.D.

- The Enneagram as a Process of Inclusion in Organizations
  Joyce Veloso

- Integrating the Enneagram, Mind-Body Bridging and Coaching in Developing Resilience
  Sari Vuohroniemi

- Reaching Across from and to The Head Types (from the Angle of the Voice)
  Cynthia Zhai
REACHING ACROSS THE WORLD WITH LOVE & ENNEAGRAM (KEYNOTE)

ROBERT HOLDEN, PH.D.

FRIDAY, JULY 16 | 10:00AM-12:00PM EDT

“Your destiny is not to find love; it is to become the most loving person you can be.”
Loveability, Robert Holden

“Let us widen our circle of love so as to include everyone (including ourselves).” Robert Holden

In our opening keynote, Robert Holden explores how we can work with the Enneagram to love ourselves, each other, and our world. We will look through nine lenses of the Enneagram to deepen our understanding of love and widen our circle of love. Robert will share nine meditations on how love can help us find our wholeness, bless our relationships, cultivate an international heart, fuel our activism, and live our purpose.

Robert Holden Ph.D., innovative work on psychology and spirituality has been featured on Oprah, Good Morning America, a PBS special Shift Happens!, and two major BBC-TV documentaries. He teaches a Love & Enneagram program and a Leadership & Enneagram program for clients like Dove & The Real Beauty Campaign, Google, IBM and Unilever. He’s the author of three books on love: Loveability, Life Loves You (co-written with Louise Hay), and Finding Love Everywhere: featuring 67½ Wisdom Poems to Help You Be the Love You Are Looking For. www.robertholden.com
THE INTEGRAL ENNEAGRAM MODEL: COGNITIVE AND SPIRITUAL DEVELOPMENTAL STAGES OF THE ENNEAGRAM TYPES

DR. KHALED ELSHERBINI

FRIDAY, JULY 16 | 12:00PM-1:30PM EDT

The Integral Enneagram model is the integration of three main components:

The Enneagram: a profoundly enlightening human psychospiritual model that reveals the hidden patterns of human drives, motivational systems, survival strategies, and meaning-making methods of life.

Stages of the Mind: the mapping of the journey of each of the 9 Enneagram types along the stages of cognitive capacity and complexity development. For cognitive capacity development the model uses the Spiral Dynamics Integral as the main backbone, in addition to the work of Ken Wilber, Piaget, Gebser, Maslow, and other transpersonal and developmental scientists and their models.

Stages of the Heart: the spiritual journey of each of the 9 types from deep fixation to a sense of mystical unity and oneness. The Sufi 7 stages of development of the ego/self are used as the backbone of the model, in addition to numerous other spiritual works from diverse religious and philosophical backgrounds.

The three models together create a 3D map, providing an accurate diagnosis of the individual personality traits, cognitive and intellectual value systems, and spiritual capacity for presence and oneness.

Dr. Khaled ElSherbini is the founder of Enneagram Egypt, the first and largest IEA accredited Enneagram school in the Middle East. He is an IEA Accredited Enneagram Professional Trainer, and the creator, author, and facilitator of the Internationally acclaimed "Awaken through Enneagram", "Integral Enneagram", and "Integral Enneagram Teacher & Trainer" certified training programs. IEA Accredited Professional
Over the years I have often been quoted and paraphrased for a line I came up with back around 1993:

“The Enneagram doesn't put you in a box. It shows you the box you are already in without realizing it, and the way out of it.”

Yet, so much of the popular Enneagram does much to describe the box without much in the way of indicating how to get out of it. And at some point if we are sincerely studying this, we become more interested in methods for real change—the inner work behind the descriptions. We start to understand that learning more and more details about our personality is not going to lead to the inner freedom and transformation we seek. In this session, Russ will look at the centrality of inner work as it pertains to understanding the Enneagram, helping us to see why such work is necessary to even apply the Enneagram in any meaningful way. He will explain that the experiential nature of such work frees us from dependence on particular jargon which can be off-putting in some settings. And he will explain how the inner lines of the symbol provide clues about directions for our work, as well as evidence that some authentic change and development has occurred in our psyches.

Russ Hudson is the author of Sounds True Audiobook The Enneagram: Nine Gateways to Presence and the co-author with Don Richard Riso of five major books on the subject, including The Wisdom of the Enneagram and Personality Types. He has been teaching this work around the world for over 30 years and is a founder of the IEA. IEA Accredited with Honor
This session will introduce the history of the Enneagram and the basic Personality Enneagram teachings. Where did the teachings come from and how did they emerge or arrive in their present form? What does it mean to be a “three-centered being”? What are the functions of the Head, Heart, and Body/Gut? How do the 9 personality styles emerge from and relate to the Three Centers?

**Drew Moser** is a writer, college professor and enneagram teacher. He is author of *The Enneagram of Discernment: The Way of Vocation, Wisdom & Practice*. He is also co-host of *Fathoms | An Enneagram Podcast* and is the guy behind the Instagram account @enneagrammers.

**Mario Sikora** is an advisor to global business leaders, author of five books on the Enneagram and leadership, CEO of Awareness to Action International, and a former president of the International Enneagram Association. He lives in Philadelphia with his wife and four sons. **IEA Accredited Professional**
A bunch of needs that we are not really able to satisfy naturally. We have judgements, emotional patterns and what is most important lack of energy to stand for them. Recognising those limitations is the first step to change the situation. Finding where the energy goes and how to take it back is the second. But those are just the beginning to open the door to satisfaction of the blind needs because a new identity have to emerge to be able to experience fulfillment. We need conscious satisfaction experiences to make that happen. How can we build a safety net to keep ourselves conscious when we leave our insatisfaction comfort zone?

**Pedro Espadas** is an IEA Accredited Professional since 2010 and Vice-president of AEnagrama. He has trained with almost everybody since 2002. Double degree in Law & Economics, degree in Acting (CNC) and Reiki Mastery. Pedro works as a creative director, actor in films and musicals, singer, publisher, Reiki and Enneagram teacher and author. **IEA Accredited Professional**
In this presentation we will explore how childhood trauma impacts the way personality operates and the ways the Enneagram map can help us understand how it shapes the different types and how it can be healed through applying type-based insights. The vast majority of people have experienced some sort of trauma in their lives, but the effect of early trauma has not been fully examined in terms of its potential role in mistyping, maintaining the rigidity of defensive type patterns, and successfully achieving real growth and transformation. We will share our views about the ways unresolved early trauma may make it harder to grow and change, but also how we can deploy Enneagram insights to address and heal trauma to move beyond the defensive patterns of the 9 types and access higher potentials. Through lecture, dialogue, case study examples, and a live demonstration in which we will work with someone to highlight the interaction of trauma and personality patterns, we will share our approach to healing trauma through applying Enneagram-based ideas about the centers, the instincts, the types, and the subtypes.

**Beatrice Chestnut**, PhD MA is a licensed psychotherapist, coach, and business consultant. She has a PhD in communication and an MA in clinical psychology. The author of *The Complete Enneagram: 27 Paths to Greater Self-Knowledge* and *The 9 Types of Leadership: Mastering the Art of People in the 21st-Century Workplace*, she offers trainings and retreats based on the Enneagram internationally through the Enneagram school she co-founded with Uranio Paes, Chestnut Paes Enneagram Academy.

**Uranio Paes** is internationally recognized as a leading Enneagram facilitator, coach, and organization development consultant. He has worked in corporate settings for over two decades and now specializes in doing transformational work with groups and individuals based on the Enneagram. A former President of the IEA, for many years Uranio taught the Enneagram Worldwide Narrative Tradition Professional Training (EPTP) Program in Brazil, Spain, Portugal, and Italy. He is founder and CEO of Mundo Enneagrama/Chestnut Paes Online, a global Enneagram learning community and co-founder with Beatrice Chestnut of Chestnut Paes Enneagram Academy.

**IEA Accredited with Distinction Professional**
This session will go deeper into the Body Center and the three body-based personality styles at points 8, 9, 1. What are the characteristics and functions of our Moving Center? What are some of the distinguishing features of the 8, 9, 1 personality types?

**Vanessa Fernandez** - As a writer, speaker and coach, Vanessa’s approach to the Enneagram is to communicate clearly so as to create a deep understanding of the healing power of the Enneagram. Vanessa also focuses on thoughtfully crafting language that is inclusive and expansive in her teaching and coaching practice. Instagram: @theenneagramworkshop

**Deborah Threadgill Egerton, Ph.D.** often referred to as the Enneagram JEDI (Justice, Equity, Diversity, Inclusion), is a certified Enneagram practitioner, international speaker, executive coach, spiritual mentor, and facilitator. A consummate professional and innovator, Deborah Threadgill designed and launched the first global Diversity, Equity, Inclusion & Anti-Racism certification course for Enneagram practitioners. **IEA Accredited Professional**
Types influence and affect how each of the 9 Enneagram Types form, develop and maintain intimate relationships. It will introduce many significant findings from the first study to the most recent. More specifically, it will cover what has proven to be significant for 26 years.

In 1996, Claudio Naranjo validated the first 1994-1995 Study of the Instinctual Subtypes. In 1998, The Enneagram Types, Instinctual Drives and Intimacy was conducted to more clearly ascertain if the 3 Instincts could be statically validated. This study was university validated in 1998.

The qualitative research of the 23 studies proved to be highly informative as to the internal experiences of the 9 Enneagram Types and 27 Subtypes. The unexpected findings were both validating and intriguing because they came from the 9 types themselves.

Katherine Chernick Fauvre, creator of Tritype®, is an IEA accredited, internationally recognized, author, researcher, teacher and coach. She has conducted 23 Enneagram studies. She is a former member of the board of directors of the IEA, studied directly with both Naranjo and Ichazo, and is certified with Palmer-Daniels, Riso-Hudson and Hurley-Donson. IEA Accredited Professional
How does the Enneagram describe the human personality so accurately? Why does it ring a bell so loudly?

When businesses and organizations asked for access to the Enneagram, many were unwilling to commit to lengthy workshops and residential expenses. Time is money and measurable results are not optional. Sharing the theory beyond North America introduced language and cultural issues.

Pat will share how he learned to integrate the insights of the Enneagram into the practice of individual-counseling/therapy and organizational-development/consulting. He learned some important techniques to use the Enneagram without teaching it, per se.

Join Pat as he unwraps the tools he developed while doing various kinds of one-on-one counseling. Small groups benefit from these similar interventions. Whether the process is behavioral-change or executive-search, the practitioner is much better equipped to attain the desired effect.

Larger groups benefit from some formal input. But, the genius of the Enneagram is how it forms visual and visceral images of behavior. The descriptions go beyond stereotypes to reveal motivation and sub-consiousness. These insights can be authenticated through carefully-designed dynamics.

Pat O’Leary began his 50-years’ experience with the Enneagram as one of the Chicago Jesuits in a year-long graduate seminar with Bob Ochs. Ochs had just finished his studies with Claudio Naranjo, MD. O’Leary began offering Enneagram weekends at Jesuit Retreat House in Cleveland OH. Word spread and Pat was invited to teach the Enneagram in Canada, South America, Europe and Asia. In 1984 O’Leary and Maria Beesing, co-authored the very first textbook, The Enneagram: A Journey of Self-Discovery.

O’Leary is one of the founders of the International Enneagram Association. He developed a training program for Enneagram teachers and refined the theory to be used as a valuable instrument for organizations and corporations, as well as, for personal growth. His current interest is use of Enneagram insights without teaching the theory ... a valuable tool for counselors and consultants. IEA Accredited with Honor
Everyone is creative. Whether a person makes their living with their art, dabbles occasionally as a hobby, or flirts with the idea of doing that creative thing that they haven’t done since childhood, each of us has the capacity to process our lives and experiences through creative work. How we go about doing this is strongly impacted by our personality.

This panel brings together four people working in various branches of the arts: music, theatre, literature and visual arts. Each person has knowledge and understanding of the Enneagram. Some have made the Enneagram a direct subject of their art.

Over the course of this two hour conversation, the panelists will share their work and explore the ways the Enneagram has impacted their lives and creative output. They’ll share insights about their processes. And they’ll open up to all questions.

**TJ Dawe** is a playwright, director and performer. He’s created shows that have toured the world. He’s written and performed two autobiographical monologues about how the Enneagram has impacted him. He gave a talk at the 2018 IEA conference on the intersection between the Enneagram, mythology and pop culture.
**John Amen** is the author of several collections of poetry, including *Illusion of an Overwhelm* (New York Quarterly Books, 2017), a finalist for the 2018 Brockman-Campbell Award, and work from which was chosen as a finalist for the Dana Award. His poetry, fiction, and essays have appeared in journals nationally and internationally, and his poetry has been translated into Spanish, French, Hungarian, Korean, and Hebrew. He is a Staff Reviewer for the music magazines and websites No Depression, Beats Per Minute, and PopMatters. He founded and is managing editor of Pedestal Magazine. He has studied the Enneagram with Don Riso, Russ Hudson, Helen Palmer, and David Daniels, among others, and is a certified teacher in the Narrative Enneagram Professional Training Program (Palmer/Daniels). He and his wife, Thia Powers, periodically facilitate workshops on various themes.

**Holly Carton** is a watercolor portrait artist with a passion to capture individual's personalities and stories within their portraits. She uses the Victorian Language of Flowers, animals, and any other imagery that speaks to that person's Inner World. She also uses specific colors to describe personalities in each portrait.

**Bernadette Galea** is an Australian singer/songwriter, Enneagram Teacher and Registered Psychologist. Combining her four great loves of music, spirituality, psychology and the Enneagram, Bernadette has created an album of nine songs, each one from the perspective of one of the nine personality styles of the Enneagram. Each unique song takes the listener on a journey from the limitations of 'type' to the expansive experience of presence in the here and now. Bernadette is currently residing in Australia, seeing clients through her online psychology private practice, Essential Nature, and writing and recording more music with the hope of spreading love, light and higher consciousness in any way she can across the globe.
Metaphor is a figure of speech that directly compares one thing to another for the purpose of illuminating information and amplifying that which is being taught. Pictures, understood as symbols that represent something in reality, are also metaphors for that which they represent. And so are stories, at least meaningful "sticky" stories, stories that are transcend the individual story characters and take our understanding to the more universal.

You'll learn how to create and use metaphor, picture and story when you teach the Enneagram. Here's why learning these techniques makes such a huge difference. Most teaching focuses on the brain's left hemisphere that utilizes logic and categories; metaphor, picture and story, by contrast, enlist the right hemisphere so that multiple connections between things happens organically. Metaphor, picture and story also assist in integrating new and nuanced information at the very onset of initial information sharing because these symbolic vehicles covey multi-leveled information simultaneously. Even more, going beyond words through metaphor, picture and story are dynamic tools that aid in just this kind of creative problem solving. Finally, metaphor, picture and story aid in retention of information. People simply remember them better than just words.

**Ginger Lapid-Bogda PhD** - An Enneagram author, teacher, consultant, trainer and coach, Ginger works with organizations, leaders, and teams to create vibrant, productive, and sustainable organizations. She offers certificate programs for Enneagram professionals and is the author of 8 Enneagram books, including "The Art of the Enneagram," co-authored with her son, Russell (Tres) Bogda. **IEA Accredited Professional**

**Russell (Tres) Bogda** - Tres facilitates Enneagram programs in organizations and coaches individuals, although he started his professional Enneagram career as the type Three panelist on the now 'legendary' children's panel facilitated by David Daniels at the 2003 IEA conference. Most recently, he is the co-author of "The Art of the Enneagram." tres@theenneagraminbusiness.com
As human beings we share the Universal Desire to love and to be loved. And, as human beings we also share the Universal Truth of being separated from the Universal Source of Love. In this presentation we will explore the fundamental meaning of Recovery as the Universal Journey back to the Source of Love.

Join Anne Geary, Founder of The Enneagram Approach, which combines the Enneagram Map and the Twelve Steps of Recovery, to experience a powerful and pragmatic process to recover your personal truth as the bridge across the divide between your Ego and Essence.

Anne Geary is Founder and CEO of The Enneagram Approach, an organization serving the Healthcare, Education and Recovery Communities. Anne is an International Enneagram Association Accredited Professional and holds certifications with The Enneagram Institute, The Narrative Enneagram, and the Enneagram in Business. IEA Accredited Professional
The Enneagram is ultimately a map of non-fixated, awakened consciousness and human wholeness. It is universally applicable to every dimension of life - beyond belief systems, cultures, or modalities. In this pivotal time in our world, how can we accelerate the integration of the authentic depth of the Enneagram to every aspect of life.

Where are we? Where are we going? And what’s needed to uplevel the full transformational potential of the Enneagram personally and collectively?

As the Founder and Host of the Enneagram Global Summits, with a dedicated vision to supporting cooperation, collaboration, and creativity in the field, Jessica is in a unique position to talk about the potential, the shadows, the trends, and the calls of the Enneagram field today. We will gather to hear about these, and learn what we can do in our practice and life to contribute to the Enneagram’s transformational impact for humanity. There will be learning, sharing, experiential exercises and dialogue. We will expand our knowledge, vision, and orientations to empower and embody our capacity to transmit the Love, wisdom, presence and creativity that the Enneagram can contribute to the challenges and promises of life and our world today.

Jessica Dibb is founding spiritual director of Inspiration Consciousness School. She teaches workshops and trainings using integrative breathwork, the Enneagram, psychodynamic principles, movement, meditation, expressive modalities, and wisdom teachings. She founded and hosts the annual Enneagram Global Summit, and was co-host of the Breathwork Summit in 2012 and 2020. IEA Accredited Professional
SOCIAL HOUR - JOIN US!

FRIDAY, JULY 16 | 9:00PM-10:00PM EDT

Come connect with us! Grab your favorite libation and imbibe with other conference attendees! Let’s take a short break from all these sessions overflowing with knowledge and insights, to relax & reflect, savor this special opportunity, and connect with other Enneagram enthusiasts.
Millennials are changing the way we think about career fulfillment. They expect more intrinsic rewards from their careers than previous generations, and are willing to switch jobs more frequently. According to Forbes, "Job-hopping allows Millennials to have their say in the direction their career is going. They're the authors of their career narratives, and avoid preconceived assumptions about what their career advancement should look like..." They also are changing how work gets done, working more in teams and with technology.

Hear from a diverse panel of individuals, representing different Enneagram types from various walks of life. We will delve into how the Enneagram has helped them understand their greatest career strengths, and how the Enneagram helps them honor their own needs. Next, participate in an exercise to uncover your own career strengths and needs--to better guide you as you pave a path to greater fulfillment.

Ingrid Stabb, co-author of The Career Within You with Elizabeth Wagele, has been featured in The New York Times, Psychology Today, ABC View from the Bay, and Wisdom 2.0. Stabb shares her message about collaboration as a means to personal fulfillment—and the enneagram as the key to unlocking it. IEA Accredited Professional
The presentation is designed to understand the function of the Moving, Thinking, and Feeling Centers. The proper role of the Moving Center is 'the Will to Live'. The Thinking Center represents the 'Will to See'. The Feeling Center plays a role in the 'Will to Be'. However, people only use One or Two Centers particularly, also they tend to indulge with One Center. My research is based on J.G.Bennett's work in the lineage of Gurdjieff.

Exercising the Gurdjieff movement, we can have a chance to experience the pure intelligence of each Center. Exercises are designed to emphasize the natural functions and the integration of Three Centers. Using sensation, counting, and music of the Gurdjieff Movement can show us to see how we all are indulged with One Center or Two Centers mostly. This presentation is meant to be experiential and a deep understanding of your Centers.

Hera (Hyejin) Kim, MA., the founder of the EnneagramHera Institute. She is a Riso-Hudson certified teacher which is the first one in Korea. IEA Accredited Professional. She has taught numerous classes, mainly about personal growth learning by Fears and Passions, Holy Ideas and Virtues and, Experiencing 3 centers with the Gurdjieff movement. She's still working on how to convey Gurdjieff’s teaching for the transformation. She is a podcaster and YouTuber. Her podcast is heard by over 10,000 people in Korea.
NATURE OR NURTURE? WHERE DID MY PERSONALITY COME FROM? THE RELATIONSHIP OF TEMPERAMENT TO PERSONALITY IN YOUR DEVELOPING CHILDREN

TRACY TRESPIDER

SATURDAY, JULY 17 | 12:00AM-1:30AM EDT

Nature or Nurture? Where did my personality come from? The relationship of temperament to personality in your developing children. How understanding this connection can support parents in managing their own expectations and support their children in flourishing to be the best they can be.

During this workshop we will unpack the different temperament styles, as described by the researchers Thomas & Chess and see how they relate to the 9 Enneagram Types. Participants will learn how a child's brain develop and the relationship to emerging personality. They will discover the importance of not labelling or typing their children too early and how to understand the needs of each of the nine types that their child may be developing into and how to bring out the best of each.

Participants will leave with a greater understanding and a feeling of competence around supporting their children in thriving into the best versions of themselves.

Tracy Tresidder works with parents and teenagers to develop better communication and relationship skills. She facilitates powerful conversations that enable identification of obstacles and underlying thinking patterns which helps develop access to new choices and possibilities. She is passionate about helping families have mutually loving and respectful relationships through deeper understanding of the Enneagram. She is co-author of "Knowing me, Knowing them; understand your parenting personality by discovering the Enneagram." IEA Accredited Professional
Is it ethical? Is it wise? Is it even possible? Accurate typing of an individual's enneagram style is a complex balance of adequate knowledge, plenty of experience and an abundance of humility. It is not without its challenges and even the most experienced of teachers can make mistakes. We certainly have done our fair share of incorrect typing. We have also been involved in disagreement with our own assessment of our type and someone else's take on us.

In this presentation, we would like to take a fresh, and hopefully useful, look at what we have learned around what works and does not work in typing people. Years of experience have made us look back critically, as well as with an open mind, at the often complicated and delicate process of identifying someone's Enneagram type.

**Marika Borg** - The Enneagram has been the main content and tool for the last 25 years of training both individuals and business clients. It has been invaluable in my relationships and I continue to learn more. What I enjoy most, is training Enneagram teachers in our 1-2-year long Professional Enneagram Teacher -training. **IEA Accredited Professional**

**Viivi Pentikainen** - My passion lies in applying the Enneagram with Positive Psychology. I am specialized in training teachers to applying these two main tools in their work with children.
Enneagram and Somatic movement is an integrated approach to learning and transformative experience. The original Enneagram teaching pointed out that the ego-type is rooted in our anatomy. The field of somatic concern the human ability to experience the body from within and becoming aware of ourselves. The main principle is that body, emotion and thought are an inseparable continuum, thus the mind is expressed through the body and the body through the mind.

Through specifics somatic practices of embodiment and application of anatomical, physiological and developmental principles we may observe and transform our mental, emotional and instinctual patterns. We may nail down the process of perception by which information are filtered, distorted, generalised, interpreted and acted upon. We discover how before being ordered into words, thoughts and emotions are often felt as pictures and movements. Movement is not just a form of expression, it is also as another sense to perceive the self and the environment. It can also be a pathway to facilitate changes in the relationship between body and mind. Movement patterning influences how we process information, express ourselves and function. Integrated ways of moving, feeling and thinking support the manifestation of higher level of consciousness.

Maura Amelia Bonanno has a degree in Cultural Anthropology and works as counselor and trainer in various professional fields. She studied Enneagram with the leading exponents of the first generation and has a solid training and experience in the somatic field, which she integrates with the Enneagram. www.enneagrammaintegrale.it IEA Accredited Professional
PRESENTING THE ENNEAGRAM TO TEENAGERS AND PRE-TEENS

NATALIIA BOLSHAKOVA

SATURDAY, JULY 17 | 10:00AM-11:30AM EDT

In this presentation Nataliia will be introducing the findings of her "Enneagram for Teenagers" and "Enneagram for Pre-teens" programs. She will be presenting the core findings, the methodologies suggested, and some of the techniques and exercises she utilizes in presenting the Enneagram to the young adults.

Nataliia Bolshakova is an accredited professional and a co-founder of IEA accredited school "Enneagram Egypt". Over the years of working as a teacher and being a mother of teenagers herself, Nataliia saw how profoundly knowing the Enneagram and understanding children has an effect on how adults deal with them and help children grow in a healthy and self-accepting manner.

Nataliia Bolshakova is President and co-founder of Enneagram Egypt, a psychologist, philologist, and methodologist, co-founder of the "Enneagram Egypt School project", and creator of the "Enneagram for Teenagers" program. IEA Accredited Professional
This session will go deeper into the Heart Center and the three heart-based personality styles at points 234. What are the characteristics and functions of our Feeling Center? What are some of the distinguishing features of the 2, 3, 4 personality types?

**Judith Lewis** is a coach, consultant and founder of Growth Bound. She is a certified Enneagram Coach, certified Team Building Facilitator and holds a Masters Degree in Christian Formation and Ministry. Judith is from Jamaica where she serves as the Managing Director of New Generation Ministries. Instagram: @growthboundja

**Mary Linam** (She, Her, Hers) is a certified Enneagram teacher and coach providing opportunities that can be found on her website www.dwellinpeace.com. She is a professional member of the IEA and the Arizona Enneagram Association. Mary combines Spiritual Formation and Somatic Practice into her Enneagram work. **IEA Accredited Professional**
"Like those rank weeds, which only a soil the most corrupt can nourish, the root of this baneful vice must be sought among the basest passions of the human heart-those that degrade our nature and are reproachful to our race. Hatred, jealousy, envy, treachery and wanton wickedness all unite in its propagation." (Samuel Walter Burges -"Historical Illustrations of the Origin and Progress of the Passions.")

In the process of typing, the true meaning of passions is usually overlooked. With statements "carved in stone" such as "Threes are competitive or "Twos are helpers", we lose the deeper meaning of how our shadow works, swimming on the surface of behaviors, which lead in time to a huge misunderstanding of the types and hence, mistyping.

In this session, Gonzalo & Gema will lead you on a journey through each one of the 9 passions 'definition and meaning, from Evagrius Ponticus to Oscar Ichazo, Claudio Naranjo, and The Sufis, going back to basics, making you work in your own passion with a life timeline.

Gema de la Rosa and co-presenter, Gonzalo Moran are two well-known Enneagram teachers in the Spanish-speaking Enneagram community and the Directors of CIEA-Certificación Integral en Eneagrama Aplicado. With 20 years in the Enneagram world, both have learned the Enneagram directly from illustrious teachers Helen Palmer (Gema) and Claudio Naranjo (Gonzalo). Gema is a Coach, Business Consultant, Trainer, Enneagram Teacher. She led the Spanish Chapter of the EPTP (Narrative Tradition) and is part of the Sufi Enneagram. IEA Accredited Professional

Gonzalo Moran and co-presenter, Gema de la Rosa are two well-known Enneagram teachers in the Spanish-speaking Enneagram community and the Directors of CIEA-Certificación Integral en Eneagrama Aplicado. With 20 years in the Enneagram world, both have learned the Enneagram directly from illustrious teachers Helen Palmer (Gema) and Claudio Naranjo (Gonzalo). Gonzalo is Psychological Counselor (trained in Carl Roger’s PCA), Enneagram Teacher & Researcher. He’s the Author of the Enneagram book: “Basest Passions: The 27 Subtypes of The Enneagram through the lens of Pop Culture” and has been writing the acclaimed Enneagram blog “Pobre Niño Plío” for 15 years now. IEA Accredited Professional
This highly interactive session offers a straightforward, down-to-earth, gritty South African discussion about race and the Enneagram. Now, more than ever, the world needs to have these conversations to promote social justice. As Enneagram practitioners, we do not have the right or the luxury to bypass the current contextual reality around issues of race, equity, and inclusion.

The session explores our own relationship with race as practitioners, allowing us to also look at how these dynamics may play out for others. When we are able to work with their own racial identities and socialisation, we are then able to support others to process their reality and context and can avoid perpetuating racial wounding.

The session presents data collected through the AIM questionnaire, which combines Enneagram type measurement with a sentence completion methodology measuring vertical development. This offers a unique view of how maturity, Enneagram style and orientation to race intersect. We will also share verbatims and short case studies from conversations about racial issues with different Enneagram styles. This session is for people who care about societal change, honest conversation, inclusion and racial awareness in their Enneagram practice and personal development journeys.
Lucille Greeff is a Director of Aephoria in South Africa with 15 years of Enneagram experience. Lucille's focus is on enabling vertical development through existential and process-based interventions. She is also a Diversity and OD specialist. Lucille has co-developed a variety of Enneagram, vertical development and inclusion assessments. IEA Accredited Professional

Julia Kukard is a Director at Aephoria in South Africa with 22 years of Enneagram experience. Julia's doctoral research is on leadership stuckness and the application of the work of Steve Biko in leadership maturation. She is a board member of the global vertical development GEN network and Diversity specialist. IEA Accredited Professional

Simon Kettleborough is a director of Aephoria in South Africa with 12 years of Enneagram practice and 23 years of global diversity & inclusion and leadership development experience. Simon is about to complete his doctorate in Existential Psychotherapy, writing his thesis on existential approaches to treating shopping addiction. IEA Accredited Professional
HEAD TYPES 5, 6, 7
[DISCOVERY TRACK SESSION]

MILTON STEWART & JEROME WAGNER

SATURDAY, JULY 17 | 12:00PM-1:30PM EDT

This session will go deeper into the Head Center and the three head-based personality styles at points 5, 6, 7. What are the characteristics and functions of our Thinking Center? What are some of the distinguishing features of the 5, 6, 7 personality types?

Milton Stewart, MBA is a Professional Certified Enneagram and Career Coach who works with individuals and companies using the Enneagram to transform lives. He is also the host of Do It For The Gram: An Enneagram Podcast. Prior to his coaching and consulting practice, Milton worked in education. Instagram: @Doitforthegrampodcast / Do It For The Gram: AnEnneagram Podcast

Jerome Wagner, Ph.D. is a clinical psychologist, therapist and consultant in private practice, and emeritus faculty member of the Department of Psychology and Institute of Pastoral Studies at Loyola University, Chicago. Jerry has offered the Enneagram Spectrum Training and Certification Program (www.enneagramspectrum.com) nationally and internationally for the past 30 years. Jerry is an Honorary Founder of the IEA, served on the IEA Board of Directors, was co-editor of the Enneagram Journal, and has been a keynote speaker for numerous IEA Conferences. **IEA Accredited with Honor**
Relationships are central to our lives and can be the source of our happiness or sadness, but nurturing them can be hard work. In this session we will present a model of understanding relationships – those at home or those at work – through the Lens of the Instinctual Biases of the Enneagram.

Not only the nine Ennea-types provide an understanding of the different ways we approach life and hence relationships—the three Instinctual Biases help us understand the things we value in life over others, and that when people have different dominant Instinctual Biases their priorities differ.

Understanding the instinctual Biases helps us to understand why we may get along with some people but have conflict with others, and we can use the simple-but-deep Awareness to Action Process with the Instinctual Biases to build on common ground, nurturing our relations by consciously create change in our narratives about them and our behaviors.

**Tamer Zanaty** is an Executive Coach, accredited Professional by the IEA and the ICF. He brings more than 30 years of experience in Multi-Nationals , 7 years of coaching hundreds of executives and Teaching in two Internationally Accredited Enneagram and Coaching Schools he brings a deep understanding and experience in human nature and relationship dynamics. **IEA Accredited Professional**

**Rehab Bakkar** is an IT developer/Montessori teacher/ video creator !!! who uses all three professions to deliver a message of how to understand the relationships bugs, the reasons behind conflicts and misunderstandings and thus the malfunctioning. And how that by understanding and fixing these bugs, one can establish better, stronger and healthier relationships.
You will understand how and why the ego or personality exists. You will discover that ego is not your enemy, its goal is to help you survive when you are unable to do it by yourself.

Based on proven Neuroscientific theories and with very simple examples I will explain how your ego was formed and how it is sustained by your brain, and what can you do to transform your life. You will understand the two modes of brain operation:

- SURVIVAL MODE or ego mode
- FUNCTIONAL MODE or essence mode

I will share with you my 3-step method, based on neuroscience and the Enneagram, to transform your life and that of your coachees.

I will present the results and some testimonials that we have obtained with the LIFE-360 program. An empowerment program that combines the Enneagram and Neuroscience, that has given results of 40% increase in the positive psychology SHS (subjective happiness scale) proposed by Sonja Lubomirsky in positive psychology.

At the end, It you change your perception, everything changes...

**Adelaida Harrison Lafuente** - Author of the Book, The Neuroscience Behind the Enneagram. International speaker, corporate consultant, and coach. Adelaida Harrison holds a Master's degree in Cognitive Neuroscience and Learning. Together with Andrea Vargas, she has presented a weekly radio program on MVS Mexico City dedicated to the Enneagram since 2012. **IEA Accredited Professional**
The concept of "self" hovers over our work with the Enneagram—people talk about finding themselves, finding their "true" or "authentic" self and how it is different from their "false" self, etc. But what do we really mean when we talk about the "self"? While this might seem like an abstract and philosophical question, the way we define such terms matters because our definitions and the way we approach these terms shapes our approach to the work we do to grow. This interactive session is part dialogue, part group exploration, and part instruction. The dialogue is between two people from dramatically different backgrounds and worldviews—one with a Western philosophical and scientific point of view, the other steeped in traditional Indian wisdom. They will share how their first exchange of ideas at a conference in Paris led to an ongoing conversation that uncovered unexpected commonalities of perspective. They will explain how the way some people talk about "true" and "false" selves is inconsistent with many spiritual traditions and modern science and can actually impede our work on ourselves. Finally, they will show how rejecting this dualism and adopting an approach of embracing our complex and conflicted nature can be the foundation for growth.

Mario Sikora is an advisor to global business leaders, author of five books on the Enneagram and leadership, CEO of Awareness to Action International, and a former president of the International Enneagram Association. He lives in Philadelphia with his wife and four sons. IEA Accredited Professional

Vibha Gosselin was born in India, where she studied in the Sri Aurobindo Ashram and became a teacher trainer in Integral Education. She is a guide and faculty member for EPP and a student of the Gurdjieff work. She lives in France with her husband and two boys. IEA Accredited Professional
This session will overview how the Enneagram is a dynamic symbol. How does energy move around the symbol and within its connecting lines? How are core personality styles influenced by -- or constituted by -- their relationship to “wing” and “connecting” points? How can the Enneagram provide a map to help us further integrate our personality styles and offer our gifts to the world?

Mahmoud Fouad strives to empower people through providing programs and tools to shine their true authentic selves—the hero within—, in hope that can raise the well-being of the planet. He is Certified as an ENNEAGRAM, relationship, career, life and leadership coach, and is also a Public Speaker and Professional trainer. www.facebook.com/ENNEAGRAMCOMPASS

Russ Hudson is the author of Sounds True Audiobook The Enneagram: Nine Gateways to Presence and the co-author with Don Richard Riso of five major books on the subject, including The Wisdom of the Enneagram and Personality Types. He has been teaching this work around the world for over 30 years and is a founder of the IEA. IEA Accredited with Honor
A strong aversion to failure is commonly associated with Type 3s, but every type has a relationship with this powerful human experience, which is part of our brain's hardwired process of learning. This workshop will explore how the Enneagram can help us uncover barriers and levers to growth through understanding the unique patterns each type develops in the "before, during and after" of failure — anticipating, experiencing and learning (or not). We will share the neuroscience of experiencing a sense of failure. Participants will learn type-based practices to harness the power of failure for development for personal application and with clients.

Valerie Atkin has 40+ years of experience providing consulting, coaching, and customized learning solutions. She founded Wells Street Consulting in 1991. Clients have included Caterpillar, Herman Miller, Pfizer and non-profits. She served on the Board of the IEA and currently works with The Enneagram Prison Project. IEA Accredited Professional

Denise VanEck is the owner of Thought Design Learning Studio and has over 30 years of experience in the adult learning field providing design and delivery of custom learning experiences, including enneagram, neuroscience based training and Failure Laboratory workshops. IEA Accredited Professional
This session will overview the three instincts and how the instincts interact with the core types to create subtypes. What are the characteristics and functions of the instincts? What are some of the features of the subtypes? What are some of the variations across teachers and schools in the naming and understanding of these concepts? How can instincts and subtypes enhance one's experience and work with the Enneagram?

Sarajane Case is an author, podcaster and content creator who helps individuals use their enneagram type to find more balance between self-care & productivity. Instagram: @enneagramandcoffee

Beatrice Chestnut, PhD MA is a licensed psychotherapist, coach, and business consultant. She has a PhD in communication and an MA in clinical psychology. The author of The Complete Enneagram: 27 Paths to Greater Self-Knowledge and The 9 Types of Leadership: Mastering the Art of People in the 21st-Century Workplace, she offers trainings and retreats based on the Enneagram internationally through the Enneagram school she co-founded with Uranio Paes, Chestnut Paes Enneagram Academy. IEA Accredited with Distinction Professional
We are not truly free to thrive until everyone is free to thrive - until we all feel safety and support to be, express, and love who and what we love. We know this, yet billions of people on our planet are not as free as those identified with a dominant culture.

This will be an honest unplugged conversation in which grief, rage, love and potential are welcome - first between the panelists, and then with the Conference community. The Enneagram can guide individuals to liberate oppressed and locked parts of themselves to live an authentic and fully expressed life. It is one of the most powerful tools on the planet for creating equitable community, where all are valued. Social Equity Leaders are now using the Enneagram in powerful and (r)evolutionary ways to address the “othering” that happens through “isms” such as racism, sexism, colonialism, ageism, and gender expression, sexual orientation, political identity and more.

The Enneagram community must also examine its own biases, shadows, and misconceptions so we can contribute to ending oppression of all kinds and creating a world of interdependent honoring, caring and support of ALL.

In this session the panelists will each explore these topics from the lens of their own experience of race, gender, sexual orientation and culture. Then we will open a dialogue with the conference community.

- Building conscious and liberated community by supporting the evolution of consciousness with the Enneagram
- Decolonizing the self and relationships: liberating internalized oppression
- Building resilience from the scars of oppression and violence - riding the waves of awareness about racial injustice in 2020 and 2021
Deborah Threadgill Egerton, Ph.D, often referred to as the Enneagram JEDI (Justice, Equity, Diversity, Inclusion), is a certified Enneagram practitioner, international speaker, executive coach, spiritual mentor, and facilitator. A consummate professional and innovator, Deborah Threadgill designed and launched the first global Diversity, Equity, Inclusion & Anti-Racism certification course for Enneagram practitioners. IEA Accredited Professional

Jessica Dibb is founding spiritual director of Inspiration Consciousness School. She teaches workshops and trainings using integrative breathwork, the Enneagram, psychodynamic principles, movement, meditation, expressive modalities, and wisdom teachings. She founded and hosts the annual Enneagram Global Summit, and was co-host of the Breathwork Summit in 2012 and 2020. IEA Accredited Professional

Dr. Sithabiso Dube is a medical doctor, public health expert and mental wellness leader with more than a decade of experience. Her work includes the DASH-E screening tool which incorporates mental health and the enneagram, a wellness resource and path towards ease, softness and support.

Dr. Walter Eugene Egerton shares a lifetime of experience as a scholar, a physician, veteran, family man and friend. He attended UNC, Chapel Hill undergrad and was awarded a Ford Foundation scholarship where he had the opportunity to spend a year of study abroad at American University at Cairo, Egypt. After graduation from UNC School of Medicine, he entered the United States Army Medical Department where he completed a residency in Pediatrics and a fellowship in Adolescent Medicine. He achieved the rank of Colonel before retiring after 23 years of service. Dr. Egerton has studied the Enneagram under the guidance of Russ Hudson, Robert Holden, Michael Naylor, Beatrice Chestnut and Uranio Paes.

Dr. W. Eugene (Gene) Egerton currently holds the position of Chief Medical Officer at St. Agnes Medical Center in Fresno, California. He is married to Dr. Deborah Threadgill Egerton, a psychologist and his favorite Enneagram teacher. They have three children and seven grandchildren.
Vanessa Fernandez is a writer, speaker and coach. Vanessa’s approach to the Enneagram is to communicate clearly so as to create a deep understanding of the healing power of the Enneagram. Vanessa also focuses on thoughtfully crafting language that is inclusive and expansive in her teaching and coaching practice. Instagram: @theenneagramworkshop

Rev. Tyler Sit is the founder of New City Church, a multiethnic community in Minneapolis, and the author of Staying Awake: The Gospel for Changemakers. He incorporates the Enneagram into his social justice work, including his community response to the murder of George Floyd, which happened in the same neighborhood as Sit’s church.

Reverend Nhien Vuong, Founder of Evolving Enneagram, Reverend Nhien Vuong, J.D., M.Div., is an ordained Unity minister and Accredited Enneagram Professional who offers a compassionate path of transformation without dogma, helping individuals around the globe to experience a greater sense of inner wholeness, oneness with Spirit, and unity with all life. IEA Accredited Professional

Tamer Zanaty is an Executive Coach, accredited Professional by the IEA and the ICF. He brings more than 30 years of experience in Multi-Nationals, 7 years of coaching hundreds of executives and Teaching in two Internationally Accredited Enneagram and Coaching Schools he brings a deep understanding and experience in human nature and relationship dynamics. IEA Accredited Professional
The Levels of Functioning describe how we mature within our Type. The key to that maturation is Presence, a quality of being fully in the moment and dropping into a quiet mind and an open heart. In this experiential presentation, we will explore how to access Presence through guided exercises for inhabiting the three Centers of Intelligence - Belly, Heart and Head.

From the perspective of attuned Presence, we will investigate the Levels of Functioning as true Developmental stages, beginning with Level 9 in infancy and moving through the developmental stages of childhood and adolescence up to average adult functioning at Level 5. An exercise for moving from Level 4 to Levels 3 will reveal the path of spiritual development using the Enneagram as a guide. That exercise can serve as a foundation for ongoing spiritual growth.

Along the way, we will explore how interrupted development, from the absence of Presence, creates immature and dysfunctional attitudes and behavior in adults, expressed as Enneagram fixations and passions.

The experiential exercises in this presentation are relevant for coaches and teachers to apply in their own work using the Enneagram with clients and students.

Belinda Gore is a psychologist and a senior faculty member in The Deep Coaching Institute, an Enneagram-based coach training school that teaches somatic awareness and cultivating Presence. She first studied the Enneagram with Don Riso and Russ Hudson, beginning in 1990, and is an IEA Accredited with Distinction Professional.
ENNEAGRAM PRISON PROJECT: BUILDING A COMPASSIONATE COMMUNITY

SUSAN OLESEK & SUE LAMBERT

SATURDAY, JULY 17 | 6:30PM-8:00PM EDT

With a clear vision for how the Enneagram could be taught in every jail and prison in the United States and in the world, Susan Olesek founded Enneagram Prison Project (EPP) in California in 2012. Since then, EPP has established programming in correctional facilities around the world, including California, Minnesota, Belgium, France, the United Kingdom, and soon to be Colorado, Australia, and Canada. In this presentation, IEA attendees will engage with and learn from members of the EPP community, including EPP's Founder, as well EPP Ambassadors who learned the Enneagram while incarcerated and are now EPP Board Members, Faculty, and Guides in Training. You will hear about how the project's compassionate curriculum is transforming lives, and building a compassionate community, on both sides of the bars. We will explore how the Enneagram supports our ability to belong to ourselves, and each other, in a way that illuminates the deep interconnectedness of all life. Attendees will be invited to connect with EPP's vision to free people - all over the world - from the prisons of our own making, and hear how EPP is using the Enneagram to reach across the bars, both visible and invisible, to create relationship, lead with consciousness, and inspire transformation through greater self-awareness, self-regulation, and self-compassion.

Susan Olesek is Founder of Enneagram Prison Project, a paradigm-shifting model of self-awareness education for the incarcerated, and in passionate pursuit of what's possible for people. Founder of The Human Potentialists (THP) is a benefit corporation on a mission to democratize the Enneagram. For over a decade Susan has been building intentional collectives to bring consciousness to the world through the teachings of the Enneagram. THP is committed to guiding people to their highest human potential while connecting to the core of our shared humanity. From Boston and schooled in Hong Kong, Tokyo, and England, Susan lives in the Santa Cruz mountains with her three children, and husband, Rick, EPP's Executive Director. IEA Accredited Professional

Sue Lambert is EPP's Ambassador Liaison extraordinaire, a member of the EPP Ambassador Board of Directors, Co-Facilitator of EPP's Reconnecting Support Group meetings, EPP Guide, New Ventures West Coach, and EPP faculty member. She identifies with Type 1 on the Enneagram and loves to spend her time helping and supporting others as they navigate the challenges in their life, post-incarceration. Sue lives with her daughter, son-in-law, and grandkids, and is "Nanny Granny" to them all. IEA Accredited Professional
Someone's experience of their Enneagram style is multi-sensory, especially when they are reacting from the low side of their style. There is an underlying body feeling, typical emotions, a story we tell ourselves and imagery that express our self-image and unconscious picture of "the world." Working with imagery is especially useful for changing compulsive fixated reactions and outgrowing the defensive limits of your Enneagram style.

Our self-image is deeply unconscious and attached to memories, roles, habitual emotions. It even has a body location. In the trance of our Enneagram style we are attached to our image and unconsciously believe we don't exist without it. Some overdefended compulsive behavior is an attempt to maintain this historical picture of ourselves, despite the fact that the world around us keeps changing.

In this session we will explore, identify and experience how we maintain self-images related to our Enneagram styles. You will learn how to reduce their influence, evoke the gifts and strengths of your style and live more freely in the present.

Suitable for Enneagram students, coaches, counselors, therapists, as well as anyone wanting to use the Enneagram to grow and change.

**Tom Condon** has worked with the Enneagram since 1980 and has taught over 900 workshops in the US, Europe, Asia and Africa. He is the author of 50 products on the Enneagram, NLP and Ericksonian methods. He is founder and director of The Changeworks in Bend, Oregon.  [www.thechangeworks.com](http://www.thechangeworks.com)

IEA Accredited with Honor
INSPIRING WOMEN TO SHOW UP (AUTHENTICALLY) USING THE ENNEAGRAM

MARÍA JOSÉ MUNITA

SATURDAY, JULY 17 | 8:00PM-9:30PM EDT

This session is for both men and women; for all those who want to explore ways to continue contributing to craft the role of women in society, making the most out of their participation in the different domains they are part of. But doing so in a way that feels authentic to them. That they don’t need to pretend to be someone they are not, in terms of gender, Ennea-type, etc.

During this session we will dive into the narratives of women of each type, exploring how they see the expectations society has of them, their own, and how they see themselves. In groups by type, participants will explore their stories related to these expectations. We will then look at those stories and identify the Enneagram-related conflicts and contradictions that arise in them.

The second part of the session will address the contradictions created by these narratives and how we can learn to manage and work with, rather than against, them.

People will leave the session with a deeper understanding of the narratives of women of each type and with ideas on how to create space for women to continue contributing to society in an authentic way.

María José Munita is an executive coach and Enneagram trainer who works on leadership development and team effectiveness with clients from different industries. She provides Enneagram-based training and certification programs for HR and OD professionals, coaches, consultants, therapists, and the general public in countries of North and South America, Europe and the Middle East. IEA Accredited Professional
Your “Emotional Mastery Blueprint,” the pie chart of your EQ Quiz, is based on the Enneagram. It illuminates at a glance how much and how little you have of the gifts and challenges of all the Enneagram types.

More than just determining your type, it illustrates how all of your scores influence each other and impact you. The result is either empowering, bringing ease and flow to your life, or disempowering, causing stress and struggle, again and again. When you see these relationships, your Blueprint becomes a guide to the next steps in your growth.

When you combine this with learning how to create new neural pathways for the change you want, change becomes easy.

You will stand up and move. A "light" experience of EnneaMotion will guide you in embodying some of the gifts and some of the challenges or "Whammies" that can get in your way. Drawing from my Somatic Focusing coaching practice, you will create new neural pathways to break through any Whammies and embody a mental, emotional and physical shift towards ease in living the life you want.

The Enneagram then becomes a doorway to your Emotional Mastery and a life with wholeness, ease and joy.

**Andrea Isaacs**, founder of the Isaacs Method for Emotional Mastery and creator of the EQ Quiz, is a speaker, trainer and master of change. She has brought more meaning and joy to thousands of people in 27 counties with her system combining emotional intelligence, body wisdom, the Enneagram and neuroscience.
What is the Sensation of That? Somatic Awareness and the Enneagram

Brian Mitchell-Walker & Devon Carter

Saturday, July 17 | 10:00PM-11:30PM EDT

Are we allowing the full range of our human experience? How would our life be enhanced when we develop our capacity to access a full experience? From an early age, our thoughts, emotions, and ideas begin as sensory experience in the body. As our language and cognitive abilities develop, this fuller range of sensory response narrows to recognizable and predictable concepts and labels like love, joy, anger, fear. Over time we only experience the more patterned sensations associated with these labels. As our sensory abilities narrow, so does our capacity to respond to life from a broader field of depth, and presence. We often fall into habitual reactions which may not be in alignment with what is occurring in the moment. This workshop will explore how to stay present with the sensations of the body. Participants will be invited into experiencing the tissue correlations of the Instinctual Variants (Self Preservation, Sexual, and Social) and introduce participants to the 5 steps of alignment. All this to access our full experience of any moment. With this increased capacity to stay present, participants will observe personal patterns in their sensory reactions connected to their Enneagram Type. Come and play with Brian and Devon.

Brian Mitchell-Walker - An IEA Accredited Professional, Deep Coaching Institute Faculty, and Enneagram Institute Certified Teacher. Brian uses his life experiences (dancer, school teacher, Reiki practitioner) to support people through workshops and coaching practice, to deepen their presence in the moment - discovering their inner wisdom through their full sensed experiences. IEA Accredited Professional

Devon Carter - IEA Accredited Professional, Deep Coaching Institute Adjunct Faculty, Certified Leadership Embodiment Associate, with 40 years as a Somatic Therapist and Teacher. Devon enjoys witnessing people rediscover aliveness through applying the Enneagram as a tool for embodied awareness and presence. Coming home to the here and now, embodied in this moment! IEA Accredited Professional
Most of us know that metaphors are great for communicating ideas, but did you know that they are also great for allowing your subconscious to bring important understandings into consciousness? Metaphors are how we code experience. Our deepest wisdom about situations is held metaphorically in our psyches and influence our approach to problems and goal achievement.

If you think of a problem as a barrier, you'll want "breakthrough" strategies. If you think you need to "get to the bottom of it," you'll "dig deeper". If you think you're "drowning", you'll hope for a life preserver. If you feel "stuck," you'll try to get "unstuck" to "move forward". If your metaphor and strategies are mismatched, you won't get very far. Similarly, in a relationship, if one of you thinks you're starving in a desert, and the other feels "swamped", a satisfactory joint resolution is not likely. In this fun session, you'll discover how inner metaphors work. We'll elicit people's metaphors as examples with Enneagram themes. You'll explore your own subjective experience in new ways and discover the power of eliciting metaphors in all life situations. Expect a lot of "ah-ha's" during the session, and even more in the days that follow.

Stephanie Davis is lively professional speaker and a certified, IEA Accredited Professional with Distinction, trained in the Palmer Daniels, Riso/Hudson, Claudio Naranjo and Dynamic Enneagram Schools. She is also educated in Psychology, Business, and Systems Theory and runs an enneagram-based training and consulting company along with her executive coaching practice.

IEA Accredited Professional
THE WID FACTOR - WHY I DO WHAT I DO - UNDERSTANDING SELF AND OTHERS

PATRICK KAYROOZ, MED

SUNDAY, JULY 18 | 1:00AM-2:30AM EDT

Have you ever thought, "Why do I do what I do?" When it comes to decision making - are you ruled by your heart, your head or your gut? All three play a factor yet one will dominate your personality. Little has been presented on the Enneagram to show the system in a more accessible form using easy English and info graphics.

The WID Factor - Why I Do What I Do - has taken the complex theories of the Enneagram, added insights of modern science, then translated them into an easy-to understand methodology which introduces a three-step practice that forms the basis of The Integration Movement. This practice helps you to understand your own Path of Purpose.

The session will also explore how peoples different core potencies connect and the value this adds to achieving both personal and organisational goals.

Building on psychological studies that reveal three different styles of connecting, we align these styles with the WID core potencies to explore the WID Connectivity Styles. Individuals that understand their motivations, become teams that understand each other, and in turn create outcomes with each other. WID enables people who think differently, act together, to achieve common outcomes.

Patrick Kayroo, MEd - A transformational educator, accredited teacher in the Narrative Tradition, author and consultant. Patrick is a former President of the IEA. His passion to bring Enneagram to the world in a simple and accessible form was the foundation for his book The WID Factor — Why I Do What I Do.

IEA Accredited with Distinction Professional
NINE SAPIENS: BIOLOGY & EVOLUTION OF PERSONALITY TYPES

CLAUDIA NARIO, PS.MSC.

SUNDAY, JULY 18 | 8:00AM-9:30AM EDT

NINE Sapiens: Biology & Evolution of Personality Types
What is the origin of your Personality type? Did it have a purpose in the history of human evolution? Have we discovered the biological mechanisms that might explain our differences? To what extent are we "nature" or "nurture"? What are the implications of these issues to our own possibility to change and develop as human beings?

This presentation will invite you to explore the connections between the Enneagram and some of the most recent discoveries in the fields of Neuroscience, Behavioural Genetics and Evolutionary Psychology. You will be introduced to some of the most likely biological foundations of our personality types, and how they might have emerged in our evolutionary history, through an interaction between the genetic heritage of our species and the changing demands of our environment.

You will explore your type as an "adaptive strategy" from an evolutionary perspective and what this means in terms of your own coping strategies today. You will discover the possibilities that "neuroplasticity" brings to your own evolution as an individual. You will participate in a discussion about the implications of these findings for ourselves and our self-development. And above all, you will be surprised by a totally new perspective on the Enneagram model.

Experienced Enneagram practitioner, psychologist, MSc and PhD©, Claudia Nario is presenting the results of a three-year long investigation on the relationship between the Enneagram, Neurobiology, Genetics and Evolution. Trained in ancient tradition in Chile, and then by Riso-Hudson, she has applied the Enneagram to leadership development for over 25 years. IEA Accredited Professional
FROM YOUR “HOME BASE” TYPE TO YOUR “SOUL CHILD”

SAMAR AL-GAMAL & BASSANT ELMENSHAWY

SUNDAY, JULY 18 | 8:30AM-10:00AM EDT

This is an innovative experiential work to discover the “Soul Child”, the way it operates in each Type, meet it and embrace its inner structure.

The session is based upon work on the Enneagram symbol on the floor, through a specifically designed exercise, inspired from both the Life Script and the Family Constellation techniques.

From a slightly different understanding of the “Inner flow” and the Enneagram arrows, the “Soul Child”, named after A. H. Almaas and developed by Sandra Maitri is basically a part of us that was not held or allowed to develop at a very young age. It remained immature at an Ennapoint while our personality grew to the following point in reaction to it. It is a deeper layer within our personality structure that retains access to Essence.

Finding this Soul child and reaching out to it allows us to get in contact with the Essential Qualities, that were essentially available to us before their light was dim by the personality.

Enneagram Teacher-Trainer, Samar Al-Gamal integrates energy, somatic, writing and NLP with the Enneagram and is active in pairing the Sufi tradition with the system. She is the teacher and author of Enneagram of Presence and Enneagram Through Writing programs for psycho-spiritual transformation. She is the founder of EnneagramBelArabi, a leading project to Arabize the system. IEA Accredited Professional

Bassant ElMenshawy is a Family Constellator Certified from Hellinger School, a Systemic and Integral Coach and certified Enneagram & Spiral Dynamic Practionner.
For thousands of years, sexuality and fertility formed the foundation for any spiritual belief and practice. This connection with nature was replaced by world religions, which focus on patriarchal values and repressing the forces of nature instead. The enneagram of personalities teaches us to get back in touch with our True Nature, but few dare to break the taboo on sexuality and admit that humans are sexual beings. Indeed, the understanding of human sexuality of most people in our 'advanced' civilisation is based on patriarchal stereotypes, which all too often run opposite to both ancient spiritual teachings and modern-day scientific research. The enneagram explains how our cognitive mind gives meaning to events or behaviour that have no inherent meaning apart from a biological-evolutionary function of survival. This also applies to human sexuality, with our motivations for sexual interaction depending on our specific worldview or lack of harmony between the different instinctual drives. The enneagram can explain why couples may feel sexually incompatible, why people stray, why we may feel a lack of satisfaction, etc. Understanding these aspects of sexuality should not justify certain behaviour but rather increase our empathy and invite for a mature dialogue instead of demonising the other.

**Dr. Frederik Coene** is a diplomat and researcher whose fascination with the enneagram opened up new research interests. He currently focuses his research on the influences of our personality on human sexuality and on the Yamchun fortress as possible 'missing link' with the Sarmoung brotherhood.

**Valerie Wanamaker** is an LCSWA, specialised in relationship issues and sexuality. She is a faculty member at the Enneagram School of Awakening in Asheville, NC. **IEA Accredited Professional**
At an unprecedented time of global unrest this session is designed to demonstrate the power of the Enneagram in Diversity, Equity, Inclusion, & Anti-racism work. Diversity encompasses all the ways that we are similar and all the ways that we are different. A panel of students from the IEA Accredited 2020-21 Diversity, Equity, Inclusion, & Anti-Racism Training Certification for Enneagram Practitioners will share their transformative experiences through the powerful inner work & the experiential learning modules. This Cohort has representatives from every Enneagram point and represents both BIPOC & Non-BIPOC perspectives. There is representation from Enneagram practitioners ranging from counselors, teachers, therapists and influencers. The panel will discuss the challenges they faced while addressing their own implicit biases, individual racial trauma, & the inner work of unraveling their racial identity through the wisdom of the Enneagram. These Enneagram Practitioners explore the tangible solutions & results of their experience in their own fields of work across psychotherapy, relationship counseling & spiritual guidance. This enlightening session is designed to help the Enneagram community to understand how the Enneagram can be used as a powerful healing mechanism for reconnecting humanity and healing the cracks and division of our human mosaic.

Deborah Egerton, Ph.D, often referred to as the Enneagram JEDI (Justice, Equity, Diversity, Inclusion), is a certified Enneagram practitioner, international speaker, executive coach, spiritual mentor, and facilitator. A consummate professional and innovator, Deborah designed and launched the first global Diversity, Equity, Inclusion & Anti-Racism certification course for Enneagram practitioners. IEA Accredited Professional
REACHING ACROSS GENERATIONS: TRANSMITTING QUALITY ENNEAGRAM TEACHINGS TO DIGITAL NATIVES [DISCOVERY TRACK SESSION]

MODERATOR: REV. TRENT THRONLEY

PANELISTS: SARAJANE CASE, BEATRICE CHESTNUT, VANESSA FERNANDEZ, MARIO SIKORA, MILTON STEWART, AND RUSS HUDSON

SUNDAY, JULY 18 | 11:00AM-1:00PM EDT

This panel will feature some of our presenters and mentors on the Discovery Track. We will explore their experience of the Discovery Track and how the Enneagram teachings are best transmitted through time and across generations. What is the role and perhaps responsibility of organizations like the IEA in raising Enneagram awareness across the globe for the next generation of enthusiasts, practitioners, teachers, and coaches? What is the role of social media? We will explore the tension between quantity and quality of Enneagram teachings as they are transmitted to the next generation.

Rev. Trent Thornley is the Executive Director and CPE Director of the San Francisco Night Ministry. He is a Certified Educator with the Association of Clinical Pastoral Education (CPE). Trent uses the Enneagram in the CPE training of emerging spiritual leaders, and he is the creator of livingenneagram.com. He is an ordained minister of the Metropolitan Community Churches and an ordained Buddhist Dharma Leader in a Tibetan Nyingma lineage. Trent is an IEA Accredited Professional and Secretary of the IEA Board of Directors.

Sarajane Case is an author, podcaster and content creator who helps individuals use their enneagram type to find more balance between self-care & productivity. Instagram: @enneagramandcoffee
Beatrice Chestnut, PhD MA is a licensed psychotherapist, coach, and business consultant. She has a PhD in communication and an MA in clinical psychology. The author of The Complete Enneagram: 27 Paths to Greater Self-Knowledge and The 9 Types of Leadership: Mastering the Art of People in the 21st-Century Workplace, she offers trainings and retreats based on the Enneagram internationally through the Enneagram school she co-founded with Uranio Paes, Chestnut Paes Enneagram Academy. IEA Accredited Professional

Vanessa Fernandez is a writer, speaker and coach, Vanessa’s approach to the Enneagram is to communicate clearly so as to create a deep understanding of the healing power of the Enneagram. Vanessa also focuses on thoughtfully crafting language that is inclusive and expansive in her teaching and coaching practice. Instagram: @theenneagramworkshop

Mario Sikora is an advisor to global business leaders, author of five books on the Enneagram and leadership, CEO of Awareness to Action International, and a former president of the International Enneagram Association. He lives in Philadelphia with his wife and four sons. IEA Accredited Professional

Milton Stewart, MBA is a Professional Certified Enneagram and Career Coach who works with individuals and companies using the Enneagram to transform lives. He is also the host of Do It For The Gram: An Enneagram Podcast. Prior to his coaching and consulting practice, Milton worked in education. Instagram: @Doitforthegrampodcast / Do It For The Gram: AnEnneagram Podcast

Over the last three decades, Russ Hudson has established himself as one of the top teachers, authors and developers of the Enneagram personality typology in the world today. He has worked to align the study of the Enneagram and spiritual practice and bring their mutual benefit into greater public awareness. IEA Accredited with Honor
This presentation will explore 5 basic emotional needs for: secure attachments; autonomy/competence/identity; freedom to express needs and emotions; spontaneity/play; and realistic limits/self-control.

If these 5 core emotional needs are not sufficiently met, we might fashion 18 maladaptive schemas grouped under these 5 areas.

- Under the domain of disconnection and rejection are the maladaptive schemas of: abandonment/instability; mistrust/abuse; emotional deprivation; defectiveness/shame; social isolation/alienation.
- Under the domain of impaired autonomy and performance are: dependence/incompetence; vulnerability to harm; enmeshment; failure.
- Under the domain of impaired limits are: entitlement/grandiosity; insufficient self-control;
- Under the domain of other-directedness are: subjugation; self-sacrifice; approval-recognition seeking.
- And under the domain of overvigilance and inhibition are: negativity/pessimism; emotional inhibition; unrelenting standards; punitiveness.

What’s not to love here? We’ll see what research has shown about which enneagram types prefer which maladaptive schemas. And we’ll consider alternate adaptive schemas to replace these not-so-helpful ones.

Jerome Wagner, Ph.D. is a clinical psychologist, therapist and consultant in private practice, and emeritus faculty member of the Department of Psychology and Institute of Pastoral Studies at Loyola University, Chicago. The author of Nine Lenses on the World: the Enneagram Perspective, The Enneagram Spectrum of Personality Styles: an Introductory Guide, and the Wagner Enneagram Personality Style Scales (www.WEPSS.com), Jerry has offered the Enneagram Spectrum Training and Certification Program nationally and internationally for the past 30 years. (www.enneagramspectrum.com). Jerry is an Honorary Founder of the IEA, served on the IEA Board of Directors, was co-editor of the Enneagram Journal, and has been a keynote speaker for numerous IEA Conferences.

IEA Accredited with Honor
During the endnote session of this virtual gathering, we take the opportunity to honor the legacy of Helen Palmer, the recently retired co-founder of the Narrative Enneagram school with Dr. David Daniels, IEA co-founder and bestselling author. For over 45 years, Palmer’s goal — to integrate sound psychology with spiritual method using the Enneagram map — has remained constant.

What started out as a group of forty individuals in Palmer’s living room in the early 70s, over time, expanded to thousands of people who have recognized their types by seeing and hearing panelists talk about their lives. When we share our personal experiences and sacred narratives in a field of compassionate presence, our souls grow and we can more easily experience the shared humanity in each of us. As we listen to the stories and notice the non-verbals of speakers on a type panel, the Enneagram becomes three-dimensional – our minds gain insight and understanding, our hearts are touched, and our bodies experience the energies of the types.

Host Ginger Lapid-Bogda and presenters Peter O’Hanrahan and Terry Saracino connect our roots to our future leading insightful conversations about the development and future of the IEA and the Narrative method. With stories and wisdom from Palmer herself, special guests, a medley of foundational teachings and more, we hope you’ll join us!
Ginger Lapid-Bogda PhD - An Enneagram author, teacher, consultant, trainer and coach, Ginger works with organizations, leaders, and teams to create vibrant, productive, and sustainable organizations. She offers certificate programs for Enneagram professionals and is the author of 8 Enneagram books, including "The Art of the Enneagram," co-authored with her son, Russell (Tres) Bogda. ginger@theenneagraminbusiness.com

IEA Accredited Professional

The Enneagram landed in Terry Saracino’s heart in 1989 and it’s been her life’s work ever since. She is currently Core Faculty and the past President of the nonprofit organization she founded in 2009, now known as The Narrative Enneagram. Through training grounded in the Narrative Tradition, which integrates spirituality, psychology and somatic work, she fulfills her passion of transforming lives and creating a more compassionate world. IEA Accredited Professional

Peter O’Hanrahan of The Enneagram at Work is a core faculty member of The Narrative Enneagram. He has worked with the Enneagram for 35 years, and teaches in the US, Europe, China, South Africa and Australia. He is also a senior associate with The Enneagram in Business and Ginger Lapid-Bogda, PhD. He was a founding board member of the Enneagram Association in the Narrative Tradition. IEA Accredited Professional
The goal of "Enneagram and Personal Power©", we would like to present is the result of combining the Enneagram, a universal powerful tool for understanding the human being with "The Keys to Personal Power Management three A©", and "the Star of Self-realization©" both designed by me. This is the result of ten years' work observation and experience with Enneagrams in business contexts, training and coaching more than 1,000 persons, and the wish to offer an operational tool to foster personal development in professional contexts where effective and efficient results are required. "The Enneagram of Personal Power©" describes the thoughts, feelings and behaviors that each ennea-types must promote to develop every competencies that allow to reach self-realization. This model, used in coaching and training contexts, helps professionals, in a simple way, to understand the work to have to be done to free their talent – to connect to their Self- and to find easier to remember what to do always - Consciousness. In short, it is a model that aims to bring the spiritual world within the business world in an understandable and practical way to perform.

This model used for almost a year in business contexts has been successfully presented one times in Congress of Enneagram.

Maria Julieta Balart, she is a Senior Professional Coach, Enneagram teacher certified by the IEA. She works with the Enneagram model in business for 17 years in Spain. She has given more than one hundred conferences around the world. She is the author of the book "Enneagram and personal power". **IEA Accredited Professional**
The true beauty of the Enneagram is the fact that it’s a useful and powerful tool for personal growth and development. But also, the symbol itself and its brilliant geometrical construction and inherent mathematical symmetry in fact holds quite a bit of beauty, too.

This session is about the mathematical beauty embedded in the Enneagram and consists of three parts, each corresponding to one of the three elements of the Enneagram symbol, the circle, the triangle and the sequence of the numbers 1, 4, 2, 8, 5 and 7.

Some of the visible and the invisible geometrical formations and numerical sequences in the Enneagram will be shown along with the magic of the number nine, the core number of the Enneagram. Furthermore, the Fibonacci sequence, the sphere and the platonic solids and their connection to the Enneagram symbol will be discussed.

Participants of the workshop will also find out three ways of constructing/designing the Enneagram symbol with compasses, ruler and protractor.

Anna Bolin is an Enneagram teacher and coach. HPEI certified. Anna is also an architect, potter and artist with a special interest in the geometry in, and the construction of patterns and ornaments and has a love for exploring the connections between art, mathematics and the Enneagram. IEA Accredited Professional
This presentation will focus on the journey towards wisdom through the Essential Enneagram Approach (by Cris Bolívar), a comprehensive and integrated vision that accompanies our alchemical journey towards harmonization, a transpersonal philosophical-psycho-spiritual view for transformation, development of spirituality and consciousness. The Essential Enneagram Approach is the application of the principles of Essentiality with a focus on wisdom.

Throughout the presentation, the transpersonal process will be revealed from the egotype, the healing of the wound, the enneatypes, the completeness of the Being, the holy ideas towards wisdom.

For this, key concepts of Essentiality and Alchemy will be contributed, with their nigredo, albedo and rubedo phases and what they represent in the journey of transmutation of the Being, relating them to the laws and the different levels and stages of the Being of the Sufi Enneagram.

With an active methodology, reflections, debate, meditations, examples, applications and useful tools will be interwoven both for personal development and to accompany others through Essential Coaching. A presentation aimed at discovering powerful and innovative elements of the Essentiality, revealing and inspiring both for Enneagram experts and for people who are new to it.

THE ENNEAGRAM AND 2 PERSONALITY ORGANIZING PRINCIPLES: RELATIONAL NEEDS AND BASIC LIFE SCRIPTS

VICTORIA CADARSO

ON-DEMAND SESSION (PRE-RECORDED)

This presentation will address the correlation between the Enneagram types and their predominant Relational Needs and the correlation of Basic Life Scripts with the triads.

The Relational Needs are based on Richard Erskine’s (Integrative psychotherapist) work where he describes 8 relational needs and to which I have added the 9th (with his consent) in order to correlate each enneatype with a predominant relational need.

- Need for security
- Feeling valued
- Feeling accepted
- Mutuality
- Self definition
- Making an impact
- Initiating
- Expressing care and affection and the need for respect

The Basic Life Scripts are based on Transactional Analysis and specifically on Claude Steiner’s Book “Scripts People live” where he concludes there are 3 Basic Life scripts which I will correlate with the triads:

- Lovelessness or no love script (Depression)
- Mindlessness no Mind script: (Confusion/Madness)
- Joylessness or No joy Script (Substance Abuse)

I will present the theory with power point and provide written material to participants so they can identify themselves individually. Then they will contrast their finding in breakout groups by triad and enneatype, followed by Q&A.

Victoria Cadarso is a licensed integrative psychotherapist trained in Gestalt, Client Centered, Psychodynamic, Energy Psychology, Somatic Experiencing and more, with 30 years experience practicing in Madrid — Spain. She has studied the Enneagram since 1992 Certified with the Enneagram Institute in 2009, founding member of Spanish Association. Author of 7 books (3 include the enneagram).

IEA Accredited Professional
INTEGRATING THE ORIGINAL TEACHING OF THE ENNEAGRAM WITH MODERN PRACTICES

FLEMMING CHRISTENSEN

ON-DEMAND SESSION (PRE-RECORDED)

What if we could combine the new modern way of using the Enneagram with the original wisdom of the Enneagram without losing anything but instead enriching the way we engage with the Enneagram and what if we could reach across time bringing the earlier practical mindset of Gurdjieff and Ichazo into our present and future only to broaden the understanding of ourselves and the community we live in. In this workshop you will be introduced to some of the original mindset about the Enneagram, where the focus was less "How do I find my type?" and more "How do I integrate all 9 Points in my personal development?". We will explore the unique psychological and spiritual openings from each Point, and examine how every Point has profound human qualities to be explored no matter what type you can relate to.

If you are new to the Enneagram you will discover a more flexible approach to the Enneagram, while more experienced enthusiasts will explore new practical ways of integrating the original teaching in their personal practices, teaching or coaching.

Flemming Christensen – presenter, author and founder of THINK ABOUT IT and the Enneagram Institute of Denmark - is recognized as having made the Enneagram part of everyday life in Denmark, especially within business and the professional Enneagram community. He combines powerful wisdom tradition insights with modern practices for building new skills. IEA Accredited Professional
Prior to the abrupt worldwide life and work-altering impact of the 2020 pandemic, our global businesses, leaders, and teams were already navigating the norm of constant change with varying effectiveness. Across industries, change is related to needed and steady innovation, new technologies and increasing connection personally and professionally across cultures and systems. Why have some leaders and organizations been more successful navigating pandemic change challenges? Our role as coaches and consultants supports awareness of potential communication, engagement and strategy strengths and blind spots that may impact best practice change leadership. Research supports the established relationship between individual personality and behavior impacting change management and change leadership. The Enneagram provides key insights to illuminate where clients may have the opportunity to recommit, revise and reestablish their personal, and thereby influential, change readiness and resilience. This session introduces Nine Leader Ideals based on each Enneagram style as well as a suggested "frame" to support coaching and consulting strategies for change-related development.

Dr. Natalie Cupples Pickering is a licensed psychologist and board-certified coach. She is the internal OD psychologist for a government healthcare system providing leadership coaching and development. Her business High Places Coaching and Consulting specializes in assessment, emotional intelligence and growing healthy workplaces via organizational culture and resilience.
In this presentation, participants will be guided on a journey through the 9 Points of the Enneagram, through a deep and invigorating state of hypnotic trance.

Each of the 9 points (frequencies or energy Rays) will be experienced by the 3 centers of intelligence (mind, heart and body), through images, visualizations, emotions, colors, symbols, sensations, sounds and body reactions.

At each enneagram point, regardless of the participants Enneagram Type, a vertical journey will be done. Starting from the lower frequencies and moving towards the higher frequencies, each person will recognize within him (her) self these energies and consciousness transitions.

The presenter as a teacher, author and trainer in the themes of Enneagram and Energy Work for the last fifteen years, will provide a safe and loving container for this deep journey. It will be a profound, subtle, exciting and healing experience.

Join us in moving through the sacred symbol and the energies of the multidimensional Enneagram. This presentation will reverberate for a long time in the waters of your consciousness.

Nicolai Cursino is an International Enneagram trainer, author and teacher. Creator of Eneacoaching® Brazil, a system combining the Enneagram with techniques of Bioenergetics, Body Therapy, Mindfulness, Systemic NLP, Coaching, Constellation, Ericksonian Hypnosis and Shamanism. Author of books on enneagram and consciousness. Founder of the Núcleo da Consciência – Integral Education for Human Consciousness, in Brazil. IEA Accredited Professional
THE ANTIRACIST ENNEAGRAM FRAMEWORK

JESSICA DENISE DICKSON, MA

ON-DEMAND SESSION (PRE-RECORDED)

Our work around our Enneagram type can be powerful in dismantling white supremacy and creating equity. Antiracism is a commitment to actively doing your personal work around topics of power, oppression, and privilege. The intersections between our own personal Enneagram type work and our identity work give us rich fodder for this commitment.

Looking at the culture of whiteness (the construct), the ways we’ve been socialized, and the work around our Enneagram type can help us create a new world of equity. Exploring embodied reactivity through the instincts, the emotional reactivity through the passions, the mental reactivity through the fixations, and the protections found in the defense mechanisms gives us a framework for deeper antiracism work.

This presentation will review a framework used with clients who are setting the foundation for their antiracism journey, utilizing the Enneagram transform their inner work to their work in the world.

Jessica Denise Dickson has loved the Enneagram since she found it in 2013. She believes that we have deeper healing when we combine the inner work of the Enneagram with the exploration of our sociocultural identities. Jessica supports white-identifying folx pursue antiracism and people of color with liberation work.
Each Enneatype has classic emotional tendencies and coping strategies. Sometimes these strategies work pretty well for us, but often we see ways they create trouble for us and others.

Emotions are essential for our heart's compass and well-being. However, most of us struggle to be with our aversive emotions (sadness, fear, anger). We may over-identify with our feelings or want to get away from them as quickly as possible. This has us miss out on their transformative potential.

Learning how to navigate emotions in a way that helps understand them and allow them to move through us can be life-changing. Even emotions that have had us feeling vulnerable or helpless in the past have the potential to be important allies for our soul.

You will learn practices to host your emotions consciously— with respect and care, but not indulgence. You will learn to shift toward having your emotions instead of letting them have you.

Through lecture, exercises and discussion, you will expand your capacity to transform emotional reactivity and avoidance into alignment, healing, and fuel for change. Using our three centers, let's reach beyond our usual strategies to experience ourselves in fresh, generative ways!

Sarah Dimock MA MEd LMHC is an Enneagram teacher and coach who has worked deeply with Enneagram for over 20 years, Sarah is the owner of Ninesight - Enneagram for Transformation. It is her joy to help people create lives their souls are longing for. IEA Accredited Professional and a Certified Teacher with the Narrative Enneagram. IEA Accredited Professional
Reaching Across..." includes reaching out across the depths and dimensions of our being and our psyche. Within this session, we'll explore the transpersonal nature of the Enneagram symbol using mat work. This technique incorporates systemic constellation, the Enneagram and the Holy Ideas & Virtues. The Enneagram symbol contains access to the universal language of the collective unconscious. Within it, we can access numerous aspects that make up our human and spiritual experience. Using the spiral movement that I personally experienced through levels of development and consciousness, I applied this onto the mat using the client's personal triangle.

Within this session, attendees will be; given a step-by-step demonstration to use the technique The Spiral Staircase©; introduced to some suggested affirmations that can be used for each type at the various stages of the process, and bonus access to the full demo.

As a Transformational Coach with a diverse toolbox, Dahlia Dowler has been using the Enneagram as an essential aid in effective healing and integration since 2017. Understanding the depths behind the Enneagram, allows her to create & employ innovative techniques and concepts to use with students and clients alike.
The success or failure of a project is often the result of its the Project Manager. They're professionals who must have extensive knowledge in project management, but they must also have great skills in management and team building, to achieve the expected results, on time, with the required quality at the lowest cost in order to obtain the greatest benefit. Therefore, for organizations are becoming more and more important to have Project Managers who are better prepared to deal with challenges and people.

Handout

With my personal experience, I've realized how useful it's to use instinctual biases in order to develop and obtain the maximum performance in the Project teams.

The knowledge of the instinctual biases allows us to be able to identify the possible strengths and weaknesses of our teams, where they'll over focus their attention and what they'll neglect. Moreover, it'll allow us to handle more efficiently our coaching sessions and managing better any possible conflicts that may appear during the Project.

Attendees will leave the session with a practical knowledge of how Project Managers be reaching across projects successfully by understanding instinctual biases for leading project teams.

Montse Fernández is IEA Accredited Professional. Trainer & coach associated of Awareness to Action International. As a Manager she has a solid experience in international organizations, using the enneagram in coaching, during negotiations, to select recourses, to promote teams, to improve leadership skills and relationships. She’s member of IEA Global Board. IEA Accredited Professional
"A Taste of Dancing the Enneagram" invites you to take a playful and courageous somatic dive into the three centers -- Belly, Heart and Head -- focusing on Types 1, 3, and 6. A short slide show with an introduction to each center and type will begin your journey into expanding awareness of body sensations, energy, and expression. Nia Educator Kate Finlayson will share the profound gifts and challenges of each type as well as the correlating movement form from the Nia Technique. She has artfully assigned each of Nia's nine movement forms from martial, dance and healing arts to the nine types, as well as music that enhances the chemistry of each. Beginning with breathing and meditation into each center, Kate creates a safe and fun environment for exploration and discovery. Participants are encouraged to play with the flavors of each, utilizing mantras from Andrea Isaacs' Enneamotion and integrating body, mind and heart with music, movement, and reflection. No experience is necessary, and all will be asked to move in their own body's way.

The "Dancing the Enneagram" PlayBook is a wonderful guide to use with this experience and is available online through Lulu.com.

Kate Finlayson is the creator of "Dancing the Enneagram" Playshops and PlayBook as well as a Nia Black Belt teacher. She trained 6 years at the Enneagram Institute with Russ Hudson and in Andrea Isaac's Enneamotion. Since 2017, she has joyfully shared her playshops in the US and South Africa.
NINE WAYS TO ENHANCE YOUR CREATIVITY

ANN GADD

ON-DEMAND SESSION (PRE-RECORDED)

Our creative expression is a mirror of our lives. Yet many of us fear exploring our potential. In this three-part workshop, you’ll discover the creative blocks of each Enneagram Type, and how you can use each Type’s gifts to reach creative breakthroughs.

Focus: Creativity in any form—music, art, creating a company, designing an app... No art experience required.

Requirements:
- Two A4 plain sheets of paper.
- Colored pens, paints, or crayons.

- Introduction
- How each Enneagram Type approaches creativity.
- What inhibits creative expression in each of the Nine Types.
- The creative gifts of each Type. How breakthroughs occur when we move to higher expressions of each type.

Part 2: The Art of Expression. Action/Body. Two exercises for audience participation. You are invited to actively explore your creativity through the lens of one of the Types.

Part 3: Heart-centered feedback Heart. Sharing your journey.

Ann Gadd is the author of Sex and the Enneagram, The Enneagram of Eating, an Enneagram children’s series and Making Your Art Work. She created and facilitated Create Yourself art workshops for 12 years, helping hundreds explore art as a path to personal growth. She herself is an exhibiting artist.
Reaching Across Theme Video:
Composed and created as the theme song for the International Enneagram Association Online Global Conference 2021, 'Reaching Across' is a song about connecting as a global community, united in the human quest for wholeness and a deep understanding of unity consciousness. Click 'Play' to watch the full 'Reaching Across' music/lyric video'.

'Nine of Us'
As an Enneagram teacher, registered psychologist and a musician, Bernadette wanted to create a Enneagram resource with a bit of a difference; something informative, that at the same time was dynamic, entertaining and hopefully appealing to a new generation of Enneagram enthusiasts. She wanted to create a resource that helps to simplify the core messages each of us needs to hear in order to emerge from the fog created by the limiting personality patterns of our minds and to put these messages to music so that they can be easily accessed when needed.

This is an album of nine unique songs that aim to capture, in both the lyrics and the music itself, the essence of each of the personality styles described in the Enneagram. The songs are experiential in nature - as we immerse ourselves in the music, listen to the lyrics and deeply follow the messages to which they are pointing, we can actually move closer to the present moment and into expansive awareness.

These songs take us on a musical journey through the different mental and emotional structures that are so profoundly described in the Enneagram, allowing us to experience, contemplate and feel into each part of the whole and the different pathways to presence that are available to us all.
Check out all nine songs using the links below:

‘Perfectly’ (Enneagram Type One)
‘Love Is’ (Enneagram Type Two)
‘Be’ (Enneagram Type Three)
‘Whole’ (Enneagram Type Four)
‘Clear’ (Enneagram Type Five)
‘Without Fear’ (Enneagram Type Six)
‘Freedom of Now’ (Enneagram Type Seven)
‘Innocent Me’ (Enneagram Type Eight)
‘I Am Here’ (Enneagram Type 9)

Bernadette's music is available to stream and purchase via all major digital platforms worldwide including Spotify, iTunes, Apple Music, YouTube and many more. However, to best support Bernadette to create future projects you can buy her music at

https://bernadettegalea.bandcamp.com

Click the link below to purchase any of the videos for private use or to purchase a 'videos & license' package to use the videos in your workshops or to upload them to your own online platforms.

https://bernadettegalea.com/music-vidoes

**Bernadette Galea** is an Australian singer/songwriter, Enneagram Teacher and Registered Psychologist. Combining her four great loves of music, spirituality, psychology and the Enneagram, Bernadette has created an album of nine songs, each one from the perspective of one of the nine personality styles of the Enneagram. Each unique song takes the listener on a journey from the limitations of 'type' to the expansive experience of presence in the here and now. Bernadette is currently residing in Australia, seeing clients through her online psychology private practice, Essential Nature, and writing and recording more music with the hope of spreading love, light and higher consciousness in any way she can across the globe.
We are living a world crisis that has created uncertainty in all human beings and nobody has escaped to its consequences. Due to this crisis, we all have developed certain behaviors originated from fear, sadness and anger and as we know not everybody experiences the actual reality the same way and they are related to our three intelligences according to the Enneagram and the way, depending in our personality, one particular emotion provokes certain behaviors. Thus, not all of us has the same survival strategy because each reality can be different and can be seen and lived in a different way. And it could as well, be an opportunity to understand each one's way of dealing with uncertainty. On the other hand, regarding the literary world, this could be an opportunity to create characters taking in consideration the different behaviors and survival strategies coming from the Enneagram personalities and to be aware the way each one of us has created a novel of our lives in which we play the main character created from a survival strategy face to adversity.

Adriana Garcia Ancira, born in Mexico City, Logotherapist and nowadays cursing a Formation in Archetypal Psychology. Enneagram teacher since 2005, certified at Enneagram Coaching Center in 2018. Given one of her passions is writing, she has wrote two novels, in the last: "If you weren't gone..." she created her characters based in the Eneatypes features, she wrote as well the book "Writing with the Enneagram."
People are overwhelmed with life and work stresses and difficulties. Normal challenges are compounded by undue amounts of secondary stressors, like the pandemic with its rippling affect into every facet of life. Many feel disconnected.

High levels of stress eventually call us to find more adaptive ways to connect to others, reduce our suffering, and the suffering others.

One area of the Enneagram, the Instinctual Biases, offers a powerful understanding of how we interact with others based on what we value, care about, where our attention goes and behaviors follow. By clearly understanding how these three biases work in us, we learn how or when our habits of thought and behavior are useful, or possibly un-useful. We can then cultivate our natural strengths and make any desired changes so we feel better and ultimately connect in more satisfying ways.

During this session, we'll explore the nature of the Instinctual Biases and the stories we create connected to these biases, to understand more clearly how they enhance or limit our connections. In the second part of the session, we'll identify areas of desired change and simple tools to begin incremental steps towards reaching out to others in more connected, adaptive ways.

**Becky Gorman, PA-C**, leadership coach and IEA Accredited Professional, helps leaders develop self-awareness and interpersonal skillfulness. She values genuine interactions and deeply understands their crucial role in effective leadership, from her career in healthcare, university teaching and organizational work. Becky has studied the Enneagram, personally and professionally, for 21 years. **IEA Accredited Professional**
Organizations are embracing agile ways of working in all aspects of their operations. It's not just for software development anymore. In order for agile to work, an environment of constant feedback and input is required. Unfortunately, no one has yet to crack the feedback nut, and most organizations' efforts in this arena are proving less than fruitful. This workshop will review existing "best practices" in feedback techniques and identify organizational cultures that promote or hinder their effective use. We will then beam into Enneagram type breakout rooms to have each type group discuss the methods that work best for them to give and receive feedback, and why. We'll beam back into the main room to report out each Enneagram type group's findings and discuss implications for how to implement these learnings into feedback processes in the squads, work product teams, and pods that abound in agile cultures.

Karl Hebenstreit is a certified Executive Coach, OD Consultant, and author, currently working for Genentech. He has 25+ years of HR and OD experience in biotechnology, healthcare, pharmaceutical, telecommunications, high-tech, and real estate services. His PhD is in Organizational Psychology from CSPP and his MS is in HR Management from Rutgers. IEA Accredited Professional
The Enneagram is a powerful tool that unlocks for many both what we offer the world and how we get in the way of that offering. Over the past several years we have shared the Enneagram with both the homeless community and people in generational poverty through the unique workshop, Grit to Great(er), and have witnessed this same unlocking.

Join us as we share the impact of increased self-awareness, personal regard, and future visioning that has resulted in marginalized communities through this unique Enneagram workshop that has the power to impact social justice and societal change in our communities. Explore with us what adjustments are needed of us as a profession as the Enneagram footprint is being extended beyond traditional lines. There will be opportunity throughout the session for both Q&A, but more importantly robust discussion around this innovative application of the Enneagram and what adjustments it asks of us.

**Sali Honess-Ondrey**, Licensed Clinical Social Worker (NY and IL.)
Retired from her private practice, Sali develops and presents Enneagram workshops to a variety of groups. Her greatest passion is bringing the richness of the Enneagram to marginalized populations. Most recently she is bringing her creative energies to writing children’s stories.

**Joalexis Martir**, Work Success Coordinator, Community Helping Hands, Jamestown, NY. Joalexis is passionate about helping people improve their lives, particularly those with limited English proficiency. He is a native of Puerto Rico and his personal story of transformation informs every aspect of his work.
Many of us do spiritual work on the deepest levels possible. Called soul work, the process of knowing our innermost being is an immense undertaking. Many of us immersed in spiritual work, are focused on the level of personality. But our truest identity is far beneath the ego and the personality. Our truest identity is our soul.

When we know the qualities that compose our soul and how we manifest them or not, we have a greater understanding of what our deepest inner work must address.

In this presentation, you will find and experience the unique qualities of your own soul through lecture, teaching, guided imagery, visual aids, video and interactive discussion, you will understand the nine soul types as well as the Enneagram of soul. Applications for soul types and the Enneagram of soul will be presented for the individual and for collectives.

If we know our souls, we know what motivates us on our deepest levels, and if we reconnect with our essential nature and goodness we see the way to peace. Reaching across from ego to soul is a game changer for our way of moving and perceiving the world. And that amazing "reach" enables us to understand, to communicate with and to affirm our fellow souls wherever on earth they may be. This workshop is based on the work of Dr. Joe Howell in his new book, Know Your Soul: Journeying with the Enneagram into Inner and Outer Peace, Crossroad Publishers. In Press.

The state of Unity and the realization that we are all inherently connected dominates spiritual teachings. Oneness is contained within the Enneagram symbol itself. But what allows this teaching to become real and integrated? What is it that blocks this experience and what supports it? We might start by asking "Who is the one connecting?" and "What does one connect from?" Thus, this session focuses on heart consciousness.

The emerging body of work named EnneaCrossings(TM) integrates two powerful symbols that reflect the spiritual journey: the Enneagram and the cross-cultural cross. This integrative symbol helps us move toward less self as we have known it and toward nonduality and interconnectedness. It includes four intersections between our horizontal (finite) and vertical (Infinite) natures. For this session, we focus on the intersection of Communion which links Enneagram points 7 and 2 and connects directly with the heart center.

You are invited to use a personally relevant question as a reflective touchstone throughout this session which includes lecture, meditation, inquiry and somatic awareness. The ever-present dynamic of push-pull between our finite and Infinite natures is especially evident in the heart center, along with the potential for reconciliation.

Roxanne Howe-Murphy, EdD, is the founder and senior faculty of Deep Coaching and Deep Living Institutes. Author, Deep Coaching and Deep Living with the Enneagram with a book in-progress on EnneaCrossings(TM). She has led retreats internationally, and served as a life, leadership and spiritual coach since 1997. IEA Accredited Professional
In this session we will explore the nature of the inner observer from perspectives in cognitive science, adult ego psychology and mysticism, discovering what it is thought to be, evidence for why developing the capacity for self-observation is so beneficial, and some of the practices that are found to most enhance it.

As Enneagram teachers, coaches and practitioners, how is a self-reading system like the Enneagram, a map and a mirror of the psyche, helpful in cultivating self-observation (from meta-cognition to interoception), and where do we need to find processes to meet its content and avoid the pitfalls of getting stuck in typology?

This session draws on my PhD research in this field, and will involve a presentation as well as experiential processes to access and experientially explore different inner states.

Ingrid Hurwitz is an Enneagram teacher and facilitator of small personal transformation groups. Her work is grounded in cognitive science and transdisciplinary metacognitive research, the spiritual dimensions of the Enneagram, and wisdom from Sufism and other mystical traditions. Her PhD in progress explores "The Cultivation of the Inner Observer".
Exploring Enneagram pairings when in conflict/stress and giving them tools to benefit their conflict resolution. Types covered will be, types 7 and 9, types 1 and 6, types 4 and 8 and types 2 and 5, types 3 and 6. It will be a beginning discussion to give any combination of pairing a deepened communication skill set. When we meet the need of the other and of ourselves we begin to deal with the cause not the just symptom or behavior. We would use the wisdom of the Enneagram to deal with the deeper cause of the problem. I will cover in "general" some ways (learned in marriage preparation facilitation retreat work,) to achieve authentic intimacy skills for all 9 types and "specific" ideas for the Enneagram pairs that would benefit their conflict resolution work. Other good contributions would be added in the discussion part of the format, because there is always wisdom in the group . We will look at specific security and stress states within 2 types and use Enneagram wisdom, and practice to work the problem through. For example we will name the passion that may have a hold on the type in stress or conflict as well as their blindspot and give ways to work through their blindspot and passion. For example type 9 Peaceful mediator may miss that they were "ignoring type 7 all week," so says type 7, but with type 9 naming and owning their own passion of sloth/withdrawal and blindspot-avoidance of conflict may see or be reminded of their truth and state of stress. With type 7 naming and owning the passion of gluttony (allota much) and blindspot of avoiding limits, as their stress reaction, they see how they may have contributed to the conflict (how it happened,) and can go for a win -win. I'd like to present scenarios showing insights for problem solving for the specific pairs and open it up for discussion. 60% presentation, 30% discussion and 10% experiential writing exercise processing the conflict using new found awareness and aligned centers of head heart and gut.

Rosemary Hurwitz is passionate about an inner-directed life and she found the focus for it in the Enneagram. She is an Accredited Professional member of the IEA and presents workshops for The Theosophical Society of America, The Present Moment, Be Optimal, Common Ground, and others. Her latest of ten anthologies, is The Courageous Heart, Finding Strength in Difficult Times. Her Amazon best selling book is WHO YOU ARE MEANT TO BE, The Enneagram Effect. Connect at: www.spiritdrivenliving.com or on FB, TW Instagram. IEA Accredited Professional
Do you experience frustrating relationship patterns with your partner? Would you like to learn how to improve communication and conflict resolution by understanding and shifting type habits? When partners in a couple struggle to reach each other, it's often because they are running up against the limitations of their Enneagram type. This presentation will focus on two angles: Areas of growth specific to your Enneagram type for true fulfillment in your relationship, as well as ways to reach your partner in accordance with the habits of their type.

This presentation will explore:
- Common communication patterns that arise in relationship with each type, and how to manage them.
- How the habits of each type intend to facilitate relationship satisfaction, but instead inadvertently create the opposite result: relationship dissatisfaction.
- Strategies to reach your partner via understanding the lens of your- as well as their- Enneagram Type
- The development needed for each Enneagram type within the couple, supporting higher levels of health individually and within the relationship.
WHY ARE "HIGHLY ELIGIBLE" INDIVIDUALS STILL SINGLE? - UNDERSTANDING THIS FROM CULTURAL AND ENNEAGRAM PERSPECTIVE

CINDY LEONG

ON-DEMAND SESSION (PRE-RECORDED)

Sharing from Cindy Leong's 5-year research on 1to1 coaching sessions with 1000 singles, let's dive deep to understand why are some eligible individuals finding it hard to fall in love here in Asia. Also the "Resident Love Expert" on Mediacorp FM Class 95 (the number 1 radio station in Singapore), join us to also receive practical tips on how to keep your relationships strong, especially in challenging times like this.

Cindy Leong is a radio celebrity, the Resident Love Expert on Singapore's number 1 radio station, Mediators FM Class 95, and a Relationship Coach based in Singapore. She has been using the Enneagram to help Singles, couples and professionals to find clarity in their personal and relationships. IEA Accredited Professional
This intermediate workshop will introduce participants to the phenomena of psychological and spiritual bypassing, how they differ and interact, and how they impact our Enneagram theory and practice. We will review materials from John Welwood, Robert A. Masters and other transpersonal psychologists to understand spiritual bypassing and why it has been such a hot topic of discussion these past 25 yrs. Then we will look at Roberto Assagioli and his psychospiritual system known as Psychosynthesis in order to better understand what has become known in some circles as psychological bypassing, which is a "tendency to get overly fascinated with and absorbed in our own personal process. It can be so fascinating to delve into our emotions, archetypes, dreams or relationships... To treat this kind of self-examining as the ultimate journey is to risk becoming narcissistic, a kind of 'emotional junkie'..." Special emphasis will be on the famous Egg Diagram of the human psyche by Assagioli, as well as his descriptions of the Higher and Lower Unconscious, and how we may, for various reasons, dynamically repress the Higher Unconscious to our detriment. We will discuss the possibility that we may have an "enlightenment drive" (Almaas and Maitri) and "metaphysical instincts" (Shirazi).

Carl Marsak, MA has graduate degrees in religious studies (NYU) and cultural anthropology (CIIS), and has certified as an Enneagram teacher in the Narrative Tradition with Palmer and Daniels (2004). Carl has been studying the Enneagram since 1987 and teaching it since 1998. He lives in Southern Oregon. IEA Accredited Professional
Coaching is now widely seen as a core skill for any future leader and is used by two thirds of businesses around the world. Coaching and Enneagram for leaders are an effective tool for improving performance that it is now recognized as a vital skill for any line manager wishing to develop their career. In this interactive session we will experience how to use 3 centers of the Enneagram to create a "Solution Focused Mindset" for leaders to grow and to empower their team for a better performance. We will discover how to collaborate with leaders with the Enneagram and leadership coaching to experience new motivational level of development. The purpose is to learn how to manage Leadership challenges with the Enneagram enabling different insights and create an impactful result with the Leadership Coaching. Participance will come away with an understanding of leadership coaching and how it relates to the Enneagram for a better outcome in organizations. In practice and engagement with the participants they will realize how Leadership coaching is powerful with the 3 centers in result of creating a growth mindset for a leader.

Delbar Niroushak, holds a PhD in Clinical Psychology, is HR Qualified from the CIPD in UK and is an expert in Self-Mastery skill development for individuals, teams, and organizations with Coaching and the Enneagram approach. She is a Certified ICF coach in OD Coaching and PCC level in Professional Leadership Coaching from the ICF. Delbar's Focus for the past 13 years in coaching with the Enneagram is to increase performance and motivational level of individuals and businesses to achieve great results and create "Coaching Culture" for higher productivity in organizations. She is the Founder of the Enneagram Empowerment School accredited by the IEA and has been training for the past 18 years for more than thousand hours globally. In her School she provides certifications from the ICF and IEA for more professional achievements. IEA Accredited Professional
"Most of us were trained in a zoo, but we operate in a jungle" (Sonja Blignaut).

VUCA is not a theory anymore. Our Schools and Universities prepare us for a predictable world of business strategy and project plans. We are trained for "order". Our office buildings, bureaucratic hierarchies, org design structures look like Zoos, even Coffee stations has a designated place. We have a 10-year business plan, but we do not know what will happen next week is our new reality. The jungle (Covid 19) crossed over to our "ordered" cities, businesses, schools, and way of living. Our ordered Zoo life has been challenged.

However, in a jungle, we instinctively know we have to look after ourselves (watch where we step), have one on one relationships (connect with individual others) and participate in Groups (if not, I am food). I will share examples of how the Enneagram Instincts are all dancing harmoniously in natural ecosystems and what it means for effective human systems.

This session will also explore how an Increased level of mindfulness and a good understanding of Complex Adaptive system principles (jungle), enable us to Thrive, not just Survive in a new normal.

**Casper Oelofsen**, an international executive team developer and thinking partner in complex adaptive systems. He has a strong background in entrepreneurship and a founder of Capitec Bank (Best bank in South Africa Forbes). Casper worked with The Enneagram and Mindfulness for 15 years.

[www.mindfulleadership.co.za](http://www.mindfulleadership.co.za) **IEA Accredited Professional**
In this lecture I will show the results of my research in the writing of my patients about what really causes people to change their behaviors. From Graphology, the Enneagram and conscious breathing, let us know what the traits of the enlargement of consciousness and with place in our brain are they from. What will be able to make people change? What this talk and find out your point of change.

Letícia Radaic is a Graphologist and Enneagram Expert Teacher Master NLP. IEA Accredited Professional
In this workshop, you will be introduced to the idea of Progressive Psychology, including using the Enneagram of Personality in a clinical setting. The workshop will introduce licensed clinicians to the use of the Enneagram in their therapeutic environment, including how to partner the Enneagram with a variety of therapeutic modalities and techniques. The workshop is designed to introduce individuals who are currently licensed in the mental and behavioral health field to explore progressive models and methods of treatment outside of traditional practice, including the Enneagram Mapping Method (EMM). The Enneagram Mapping Method consists of three phases: Uncover, Recover & Discover. Participants will learn to use the Enneagram of Personality to help clients 1) Uncover the potential aspects of their personality/world view that are causing them pain or disruption (knowingly or unknowingly), 2) Recover using the Enneagram Mapping Method with their clients' individualized Enneagram results to help them MAP (Make A Plan) treatment planning and therapy and 3) Discover the possibilities of living from a more awakened perspective.

**Mysti Rainwater**, MA, LPC, Psychotherapist and Clinical Supervisor; owns and operates Ahwatukee Psychology and Center for Progressive Therapies in Phoenix AZ where she uses and teaches Progressive Psychology, including the use of the Enneagram in a clinical setting; Certified Teacher in the Enneagram Spectrum Method and AEA Practitioner. **IEA Accredited Professional**
THE EMBODIED ENNEAGRAM: USING YOUR BREATH TO RELAX YOUR HABIT OF ATTENTION

LYNN ROULO

ON-DEMAND SESSION (PRE-RECORDED)

This interactive workshop weaves the breathwork meditations of Kundalini Yoga with the habits of attention and personality styles of the Enneagram. The session offers an overview of each Enneagram type including the somatic experience of each habit of attention. The workshop then invites the audience to participate in nine Kundalini Yoga meditations, one specific to each Enneagram type. These meditations can be practiced by people of all physical abilities, and the workshop is geared to accommodate a range of people new to the Enneagram and very advanced practitioners.

Kundalini Yoga, the yoga of awareness, is a technology specifically designed to strengthen the nervous system and increase breath control. The breath, yogically referred to as the steering wheel for our thoughts, is developed and refined through the meditations of Kundalini Yoga. Kundalini Yoga offers thousands of meditations and in this workshop, you learn specific meditations to help address the challenges of each habit of attention. In as little as a three-minute daily practice, you can begin to experience the benefits of increased breath control and how your breathing affects your thoughts.

Lynn Roulo is an Enneagram Professional Trainer and author who combines the psycho-spiritual growth tools of the Enneagram with the somatic tools of Kundalini Yoga. Her books, "Headstart for Happiness," an introduction to the two systems and "The Nine Keys," featuring these two systems in relationships, are available on Amazon.
Through a card deck with a graphic universe loaded with symbolism and in which we have captured years of study and work with the Enneagram, we want to provide a practical tool, that allows women that are just starting to walk their path of personal development and those professionals that work with women and want to incorporate this information on their professional practices, to explore and develop the nine dimensions or goddesses that live within each woman, so they can access new ways of seeing the world, enhance their skills and integrate their gifts to live a more fulfilling life.

Within this symbolic universe, each goddess belongs to an element or energy center (fire = instinct, water = emotions, air = mind), has an animal that represents the goddess strategy, a flower that represents what that goddess has to offer to those around her in terms of her gifts and virtues, an object that represents the holy ideas, and a crystal that allows the woman to connect with the essence of the goddess.

**Sebastian Serrano Correa** is an organizational development consultant with 10 years of experience in human capital training and development processes. Internationally certified professional in organizational and ontological coaching. IEA member and accredited professional. Bachelor of Business in Administration and Management from the University of Wales with experience in consulting in various public and real sectors. **IEA Accredited Professional**

**Marcela Tapias García** is an organizational development consultant with 15 years of experience in human capital training and development processes. Internationally certified professional in organizational and personal coaching. IEA member and accredited professional. With experience as a cathedra professor in a leadership program based on the enneagram for 10 years. **IEA Accredited Professional**
THE WAY OF THE BOLD ONES, AN EXPLORATION OF ENNEAGRAM ENERGIES

GM PETER THIBADO

ON-DEMAND SESSION (PRE-RECORDED)

This workshop will take the participants through physical exercises, movements that are designed to express the energies, ideas and feelings of each of the types. The Enneagram is not designed to place you in a type box. The Enneagram in designed to teach us about the importance of each center and how to align them. Too often we sit in a chair, listen and intellectualize the ideas around these energies. The feeling through movement and sensation can bring a new level of understanding to the Types.

Peter Thibado has been working with the Enneagram for more than 20 years. Educational background in Human Development. A life-long practitioner of Martial Arts and meditation. 9th Degree Black Belt, Grand Master of TaeKwon-Do. Author of The Way of the Bold Ones. An exploration of Enneagram Energies.
Your Vitality Personality is the highest expression of your EnneaType. It is the antidote to your unconscious "Ego-Driven" compulsion toward self-sabotage. It frees you to choose "Consciousness-Directed" behaviors that generate vitality - the joyful state of physical, mental and spiritual well being. Your ego is your survival mechanism, driving behavior that creates conflict and destruction. This is your default wiring -- when you are unaware of yourself, your ego automates your thoughts, feelings, and actions.

Your Higher Consciousness is the real you—a powerful, eternal energetic being. In regularly connecting with this aspect of yourself, you become your best self, which heals, restores, and uplifts you. The journey moving out of Ego-Driven and into Consciousness-Directed behavior is the process of awakening. It is not necessarily easy or fast. And yet, coming awake to yourself is the only way out of a painful existence, and is the most empowering, exciting work you will ever do.

Learn more about your EnneaType's inherent Ego-Driven Survival Belief, Compulsion, and Survival Behavior, which combine to create your specific Sabotage Pattern...and how to free yourself from these through embracing your Consciousness-Directed Vital Truth, Liberation, and Vitality Behavior, creating a new life of vitality that serves your Highest Purpose.

Candice Thomas is the founder of My Self | My Health and LightWorks Acupuncture, and is the author of the upcoming book, Your Vitality Personality: The Enneagram of Health. Combining her expertise in cellular biology, eastern medicine, and the Enneagram, she offers a dynamic perspective on how to truly thrive. IEA Accredited Professional
Parents are ready to move away from authoritarian and permissive models of parenting towards relationship-based models that focus on healthy attachment and connection. Great parents know that a culture of connection in the home is built on a foundation of Presence. The Enneagram reveals what blocks our capacity to be present to our children and how our parenting "blind spots" prohibit the very connection we seek. The Enneagram also helps us to answer the question, "Who is showing up to parent — YOU — or your personality pattern?" As we learn to be more Present, we come into contact with our own inner adult or "Essence Parent", the part of us that has the capacity to hold not only our own big reactions with compassion, but our children's big feelings as well. This compassionate holding and awareness starts to soften our personality's contractions and allows us to grow into the leaders we most want to be as parents. Real life examples will be given of parents who have used the Enneagram to create deeper connections with their children, to heal their own lost childhood messages, and to transform difficult parenting moments into opportunities for spiritual and psychological growth.

Valerie Tih is a trained teacher and art therapist. She graduated from the Enneagram Institute with Honours and is a certified Happiness Coach - Dr. Robert Holden. With over 20 years of experience as a speaker, presenter and facilitator of retreats and educational workshops, Valerie delights in guiding educators and parents towards pioneering leadership.
Golf is a sport that requires great strength of mind as well as great skill. Many golfing experts agree that the golf game is 90% mental yet the majority of practice by golfers is working on their swing technique at the driving range. As Bobby Jones says; "Golf is a game that is played on a five-inch course — the distance between your ears."

This is where the Enneagram comes to the fore! By helping golfers understand the unconscious patterns that prevent them from playing their best golf allows each individual to begin to increase their self-awareness and ultimately their self-mastery. Each type appears on the golf course in different ways, different things trigger them and their reactivity is more easily understood. By working with groups and individuals to understand themselves better their golf will ultimately improve.

This presentation will introduce new concepts and data gained from research done with over 60 golfers.

**Tracy Tresidder** has been practising the art of maximising human potential for over 20 years. She is an ICF Master Certified coach and author with vast knowledge of physical and mental development specialising in golf mind coaching. Mastering the fundamentals of golf are only part of what it takes to be an accomplished golfer. Mastering the mental game will take strokes off your handicap and have you enjoying your golf so much more. Tracy uses a combination of long-proven mind coaching methods combined with the Enneagram to support golfers in raising their emotional intelligence and thus lowering their scores. **IEA Accredited Professional**
Perhaps working only on Type Egofixations we are limiting our seeking. What if we discover we have to work on other shadows than the fixation corresponding only to our Type? When we understand the multidimensional System the Enneagram is, we can trace richer paths of transformation. In this session we will explore 2 dimensions of personality and discover what potential Egofixations could have settled down in our personality according to our balanced or unbalanced energy flows (Naranjo’s Polarities), or according to how structural layers of personality have decanted (Naranjo's Symmetries). We will explore these potential Egofixations and its Antidotes to facilitate transformation reaching across growth beyond Type. Participants will be able to download handouts from the Conferencee App to work within groups through interactive conversations. They will be able to find out which potential Egofixations they share with other Types. Participants who would like to explore more thoroughly the present resources or potential fixations of their personality will be encouraged to take previously an online assessment and receive the results to work with during the session by contacting viviana.trucco@gmail.com to receive the password.

Viviana Trucco, Argentina, clinical and forensic psychologist has degrees in Philosophy & Psychology. IEA Accredited Teacher/Professional 2011/2022 Creative of the TEGMI 9D Model “The Geometry of My Enneagram Identifications” for personal and organizational applications. She leads: personal and group growth workshops; Certification Professional Training (Coaches, Counselor, Therapist, Educators, Managers). She has presented at IEA Conferences in USA, Europe and Latin America (2010/2020). Current Enneagram teacher at “Enneagram School without bounders” Argentina. She is founder, former president and current IEA Argentina board member. IEA Accredited Professional
When things do not go as planned, it is kind of a crisis. In a crisis, people change their behaviour from their normal habits. This can be either good or bad. The instinctual bias is, in fact, an instinctive focus of our attention on certain things. It is natural that in a crisis, our attention tends more than normal to what is important to us. That is an instinctual bias behaviour. The instinctual bias can help us cope better with a crisis or, conversely, it can be an obstacle on the way out of a crisis.

**Michaela Velechovská, Ph.D.** was certified in 2008 and she has been working with companies, individual and teacher since then. Michaela's basis derives from Helen Palmer (EPTP), Ginger Lapid Bodga and Mario Sikora (Awareness to action). She is focused on practical use of the Enneagram in professional and personal life. **IEA Accredited Professional**
THE ENNEAGRAM AS A PROCESS OF INCLUSION IN ORGANIZATIONS

JOYCE VELOSO

ON-DEMAND SESSION (PRE-RECORDED)

The enneagram has been for years a technique or philosophy of life very accepted and used in spirituality, psychology and self development leaving a whole space for organizations from the perspective of inclusion of all structures within oneself first and then inclusion with other human beings. Inclusion requires an open mind that allows us to naturally include all classifications of archetypes in ourselves, understanding that we are not only one, but lovingly and harmoniously including the search for the structures that are in the circle of the enneagram to be one.

Joyce Veloso
- Engineer specialized in Finance,
- Diploma in Human Resources Management at the University of Chile.
- Master in People Management at Universidad Adolfo Ibáñez.
- Certified Coach International Coaching Community (ICC number 2774).
- Doctorate© in Inclusive and Sustainable Development from the University of Loyola, Andalusia.
- Member of the IEA (International Enneagram Association No. 8066).
- Member ICC (International Coaching Community).
- Leadership in Innovation at MIT.
- Certified in Canvas by Sofofa.
- Executive with teaching experience in undergraduate and graduate programs in important universities in Latin America and Europe.

Commercial Manager of New Field Network. Former Associate Director at Page Executive of Page Group. Director of Innovation and New Business at HumanCapital.Work. 27 years of work experience, 22 years developing research in the Enneagram, 15 years developing Coaching and more than 20 years as a reporter. Advisor for the Government of Chile

- NLP Specialist (Neuro-Linguistic Programming).
- Certified as : Coach- Executive Coach and Team Coach by the ICC of London and Coach Trainer London 2015
- Certified in Enneagram at 360 Escola do Brasil.
- Director of the International School HumanCapital Work.
In the workshop the participants will learn and have a possibility to try out an evidence-based coaching and therapy tool Mind-Body Bridging (MBB) which increases self-regulation skills and coping strategies while promoting psychological resilience and find the connection with the enneagram. MBB helps us to notice the difference when our brain is not functioning at best filling the mind with clutter, the body with tension and we experience stress, and then learn to access the natural resources of our brain and mind. MBB has research evidence of being effective for eg. treating with stress, PTSD, anxiety, sleep problems and addictions. It also has been proven to be useful in organizations, as part of leadership development trainings as well as in team and individual coaching. It will be explored the connection between the enneagram and MBB eg. how MBB exercises can be helpful in finding the enneagram types the person resonates with the most and how the enneagram and MBB can be integrated in coaching in developing resilience.

Sari Vuohtoniemi is a Leadership and Team Coach and Developer at True Potential, Helsinki, Finland. She is Social Psychologist, PhD Researcher (Psych.) and ICF MCC with 20 years of experience in leadership development and 13 years using the enneagram. She focuses on developing leadership, self-awareness, emotional intelligence, resilience and teams.
You are your voice. Your struggle, passion, fixation, past, present and potential can all be heard through the vibrational frequency of your sound, your voice.

In my work, most clients reported that the types they understood the least were the head types. To reach across to and with the head types, voice provided a perfect channel for us to understand more deeply about the types.

Voice connects with both your body and your heart. It is a perfect pathway for the head types to get out of the head, make breakthroughs and achieve growth, so they can reach across to the other types, in a more meaningful and authentic way.

Cynthia Zhai is a Voice Coach, Author and TEDx speaker. She has spoken in 18 countries across 5 continents. Cynthia is an IEA accredited professional and has presented at several IEA conferences. She has been an Enneagram practitioner since 2008 and has been teaching Voice and Enneagram programs since 2010. 

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